CONALT®

CONSUME FOR HEALTH

PRODUCT CATALOGUE

2025

Contents

Contents

CONALT® Alvikid® Forte 150 ml

- Supports Mental Development and IQ
- Supports Height Increase and Bone Development
- Loss of Appetite and General Nutrition Supports
- Contributes to the Immune System
- Contributes to Energy Metabolism
- Contributes to Cell Health and Antioxidant Support

Why CONALT®Alvikid®Forte?

CONALT®Alvikid® FORTE offers important advantages aimed at supporting children's mental development, increasing height and solving anorexia problems. Its L-Arginine and L-Lysine content supports growth hormone production and accelerates muscle and bone development. Just as L-arginine plays an important role in the growth process, L-lysine has been shown to increase protein synthesis, helping to ensure that nutrients necessary for growth are taken up (Higgins et al., 2018).

Phosphatidylserine contributes to IQ by improving brain function. Research has demonstrated the effects of phosphatidylserine in supporting cognitive functions (Starks et al., 2008).

In addition, Calcium lactate and Vitamin D3 support bone development and promote healthy height. Calcium is critical for healthy bone and tooth development in children, while vitamin D supports bone health by increasing calcium absorption (Weaver et al., 2016).

L-Lysine and Zinc support adequate nutrient intake by increasing appetite. In children, these components play an important role in the growth process due to their appetite-enhancing effect (Gholamzadeh et al., 2017).

Vitamin C and Selenium strengthen immunity. Vitamin C supports the functions of the immune system, while selenium provides cellular protection (Carr et al., 2017).

B vitamins help children become more energetic by supporting energy metabolism. B vitamins play a critical role in energy production, enabling children to be more active in their daily activities (Kennedy et al., 2016).

For these reasons, CONALT®Alvikid® FORTE is an ideal choice to support healthy growth and height increase in children.

Ingredients

Serving size: 10 ml
Servings Per Container: 150 ml

ACTIVE INGREDIENT	AMOUNT IN 10 ML	% NRV*
L-Arginine®	500 mg	*
L -Lysine	101 mg	*
Phosphatidylserine	20 mg	*
Calcium (as Calcium Lactate)	120 mg	15
Vitamin C	200 mg	250
Vitamin B3 (Niacin)	20 mg NE	125
Zinc (as Zinc Gluconate)	7,5 mg	75
Vitamin B5 (Pantothenic Acid)	8 mg	134
Vitamin B1 (Thiamine)	2 mg	182
Vitamin B6 (Pyridoxine)	1 mg	71,42
Vitamin B2 (Riboflavin)	1,8 mg	128,5
Vitamin A	480 µg RE	60
Folic Acid (Methylfolate)	300 µg	150
Iodine	70 µg	46,6
Chromium	100 µg	250
Selenium	100 µg	181,8
Molybdenum	70 µg	140
Vitamin B7 (Biotin)	30 µg	60
Vitamin D3	10 µg / 400 IU	200
Vitamin B12 (Methylcobalamin, MecobalActive®)	3 µg	120

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Deionized Water, Stabilizer:Sorbitol (E420), Calcium Lactate, L-Arginine Hydrochloride, Ascorbic Acid, L-Lysine, Thickening Agent: Glycerin (E422), Flavor: Orange Flavor, Zinc Gluconate, Phosphatidylserine, Niacin, pH Regulator: Citric Acid (E 330), Preservatives: Potassium Sorbate (E212), Sodium Benzoate (E211), Thickening Agent: Xanthan Gum (E415), D-Pantothenate Calcium, Vitamin D3 (Cholecalciferol), Retinyl Acetate, , Thiamine Hydrochloride, Riboflavin, Pyridoxine Hydrochloride, Sweetener: Sucralose (E955), Chromium Picolinate, L-Methylfolate, Sodium Selenite, Potassium Iodate, Sodium Molybdate, D-Biotin, Methylcobalamin.

Suggested use

For children aged 4 to 10 years, it is recommended to take 10 ml once daily, and for adults aged 11 and older, to take 10 ml twice daily.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Alvikid® Smart 150 ml

- Supports Cognitive and Intelligence Development
- Supports Brain Development and Mental Health
- Supports Immune System Strengthening
- Contributes to Energy and Metabolism
- Contributes to Nervous System and Mental Health
- Anorexia and Health Support
- Supports Eye Health

Why CONALT®Alvikid®Smart?

CONALT® Alvikid® Smart is a special product that supports children's cognitive health at the highest level with its high quality IFOS certified Omega 3 content and rich vitamin-mineral formula. IFOS (International Fish Oil Standards) is a certificate that guarantees the purity and quality of fish oils. Products with this certification have been tested for heavy metals, PCBs and other contaminants, ensuring that children get Omega 3 safely.

This formula guarantees purity and effectiveness, while helping to improve memory and concentration thanks to phosphotidylcholine and phosphotidylserine. Omega 3 fatty acids, especially DHA, play a critical role in children's brain development. Research shows that adequateOmega 3 intake improves cognitive function and memory (*Birch et al., 2007*).

Phosphotidylcholine is a compound that supports cognitive function. Studies show that this compound improves cognitive performance by positively affecting brain health (*Tandy et al., 2009*). Phosphotidylserine supports learning and memory by protecting brain cells. Research shows that this supplement improves cognitive function (*Gattaz et al., 2006*).

CONALT®Alvikid® Smart is an ideal choice to support children's cognitive health with its high quality ingredients. Based on scientific research, this formula helps families contribute to their children's mental development.

Ingredients

Serving size: 10 ml
Servings Per Container: 150 ml

ACTIVE INGREDIENT	AMOUNT IN 10 ML	% NRV*
Omega 3 • DHA- 200 mg • EPA- 40 mg	280 mg	*
Phosphatidylcholine	184 mg	*
Phosphatidylserine	170 mg	*
Zinc (as Zinc Gluconate)	3,76 mg	37,6
Vitamin B5	10 mg	166,7
Vitamin B6	4,5 mg	214,29
Vitamin B2	3 mg	214,29
Vitamin B1	2,2 mg	200
Folic Acid ((6S)-5-Methyltetrahydrofolic Acid, Glucosamine Salt) Quatrefolic®	300 µg	150
Vitamin B12 (Methylcobalamin, MecobalActive®)	5 µg	200

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Deionized Water, Stabilizer: Sorbitol (E420), Glycerin (E422), Fish Oil, Phosphatidylcholine, Phosphatidylserine, Emulsifier: Polysorbate-80(E433), Flavoring: Orange Flavor, Thickening Agent: Xanthan Gum (E415), Zinc Gluconate, D-Pantothenate Calcium, Preservatives: Potassium Sorbate (E212), Sodium Benzoate (E211), pH Regulator: Citric Acid(E330), Pyridoxine Hydrochloride, Riboflavin, Thiamine Hydrochloride, Sweetener: Sucralose (E955), 6S-5-Methyltetrahydrofolic Acid Glucosamine Salt, Methylcobalamin.

Suggested use

For children aged 4 to 10 years, it is recommended to take 10 ml once daily, and for adults aged 11 and older, to take 10 ml twice daily.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Alvikid® Calcium Liquid 150 ml

- Helps with Bone Development Issues
- Supports Dental Health Problems
- Assists with Growth Delays
- Aids in Muscle Cramps and Spasms
- Helps with Nervous System Problems
- Supports Emotional and Behavioral Issues
- Helps with Cardiovascular Problems

Why CONALT® Alvikid® Calcium Liquid?

CONALT® Alvikid® Calcium Liquid is a product specially developed for children. Its potassium content provides a reliable option by reducing the formation of kidney stones. This product not only meets the calcium needs of children, but also prevents calcium accumulation in the kidneys. Thus, it helps you take an important step for the future health of children by supporting healthy development.

Calcium is critical for healthy bone and tooth development in children. Inadequate intake can lead to osteoporosis and other bone diseases (Weaver et al., 2016).

Potassium helps reduce the formation of kidney stones. Adequate potassium intake helps prevent kidney stones by reducing the excretion of calcium in the urine (Wong et al., 2014).

Calcium Liquid supports the healthy growth and development of children. Adequate calcium intake is crucial during this critical period (Heaney, 2000).

CONALT® Laboratory continues to develop high quality and effective ingredients. Formulated based on scientific research, CONALT® Alvikid® Calcium Liquid is an important support for parents in achieving their children's healthy development goals.

Ingredients

Serving size: 10 ml
Servings Per Container: 150 ml

ACTIVE INGREDIENT	AMOUNT IN 10 ML	% NRV*
Magnesium (as Magnesium Bisglycinate)	150 mg	40
Potassium (as Potassium Citrate)	300 mg	15
Vitamin D3	10 µg /400 IU	200
Calcium (as Calcium Carbonate)	300 mg	37,5
Copper	200 µg	20
Zinc	4,5 mg	45

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Deionized Water, Stabilizer: Gliserol (E422), Magnesium Bisglycinate, Potassium Citrate, Calcium Carbonate, Sweetener: Sugar, pH Regulator: Citric Acid, Flavor: Banana Flavor, Zinc Sulfate, Preservative: Sodium Benzoate (E 211), Potassium Sorbate (E 212), Cholecalciferol, Copper Sulfate.

Suggested use

For children aged 4 to 10 years, it is recommended to take 10 ml once daily, and for adults aged 11 and older, to take 10 ml twice daily.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Alvikid® Immun 150 ml

- Supports the Immune System and General Health
- Contributes to Alleviating Cold and Flu Symptoms
- Antioxidant Properties
- Supports Fast Recovery Process
- Contributes to Energy Level Increase

Why CONALT®Alvikid®Immun?

CONALT® Alvikid® Immun helps protect children against diseases thanks to its special formula containing Elderberry (Sambucus nigra), Vitamin C and Zinc, which strengthen the immune system in children. This effective combination supports rapid healing and maximizes their healthy development.

Elderberry is a natural compound that supports the immune system. Research shows that elderberry extract provides protective effects against colds and flu. Thanks to its anthocyanidin content, it boosts the immune response and has been proven effective in fighting viruses (*Maggini et al., 2017*).

Vitamin C is one of the key components of the immune system. It has been shown that adequate Vitamin C intake can reduce the risk of infection and support the function of immune cells (*Carr et al., 2017*).

Zinc plays an important role in regulating immune function. Adequate zinc intake strengthens the immune system and increases resistance to disease. Zinc deficiency may increase susceptibility to infections (*Prasad, 2008*).

CONALT® Alvikid® Immun combines these powerful ingredients to support children's immune system and promote healthy development. Based on scientific research, this formula helps families protect their children against diseases.

Ingredients

Serving size: 10 ml
Servings Per Container: 150 ml

ACTIVE INGREDIENT	AMOUNT IN 10 ML	% NRV*
Elderberry extract (Sambucus nigra) (24 mg Anthocyanidins)	160 mg	*
Vitamin C	80 mg	100
Zinc (as Zinc Gluconate)	6 mg	60

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Deionized Water, Sweetener: Sugar, Stabilizer: Glycerin (E422), Elderberry Fruit Extract (Sambucus Nigra), L-Ascorbic Acid, Zinc Gluconate, Thickening Agent: Xanthan Gum (E415), Flavor: Raspberry Flavor, Preservative: Potassium Sorbate (E212), Sodium Benzoate (E211), Sweetener: Sucralose (E955), pH Regulator: Citric Acid

Suggested use

For children aged 4 to 10 years, it is recommended to take 10 ml once daily, and for adults aged 11 and older, to take 10 ml twice daily.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT®Alvikid® OMEGA-3 FISH OIL 150 ml

- Supports Brain and Memory Development
- Strengthens Bone Health
- Boosts the Immune System
- Supports Vision Health
- Protects Cells and Provides Antioxidant Effects
- Supports Brain and Eye Health
- Helps Regulate Appetite

Why CONALT®Alvikid®OMEGA-3 FISH OIL?

CONALT® Alvikid®Omega-3 stands out from other Omega-3 products on the market with its IFOS-certified fish oil content. The IFOS (International Fish Oil Standards) certification guarantees that the product is of high purity, free from toxins, and reliable in terms of quality. This ensures that your child receives a safe and effective Omega-3 supplement.

Formulated for Children's Health

This special product is not limited to Omega-3 fatty acids (EPA and DHA); it also contains essential vitamins and minerals necessary for children's health and development. Vitamins such as Vitamin D3, Vitamin E and Vitamin A help strengthen bone development, vision health, and the immune system. Meanwhile, minerals complete the nutritional needs required during the growth process.

Importance and Benefits of IFOS Certification

The IFOS certification confirms that the fish oil contains high levels of EPA and DHA and is free from heavy metals (such as lead and mercury) and other harmful substances. Since it provides clean and high-quality Omega-3, it guarantees that your child gains the maximum benefits without any harm to their health.

Scientific Studies and Sources

Scientific studies on Omega-3 supplementation in children have shown that it supports brain development and cognitive functions, improves vision health, and strengthens the immune system. Additionally, vitamins such as Vitamin D3 and Vitamin E have been clinically proven to contribute to bone health and cellular protection in children.

CONALT®Alvikid®Omega-3 provides the essential nutrients necessary for your child's development, and with the assurance of IFOS certification, guarantees that the product is of high purity and reliability. It has positive effects on critical factors such as brain development, bone health, vision health, and the immune system. This scientifically supported formula contributes to your child's healthy growth.

Ingredients

Serving size: 10 ml
Servings Per Container: 150 ml

ACTIVE INGREDIENT	AMOUNT IN 10 ML	% NRV*
Omega 3 • EPA: 320 mg • DHA: 230 mg	640 mg	*
Vitamin D3	10 µg /400 IU	200
Vitamin E	46 mg α-TE	383,33
Vitamin A	300 µg	37,5

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Sunflower Oil, Omega-3, DL-Alpha-Tocopheryl Acetate, Orange Flavor, Vitamin A Preparation, Cholecalciferol

Suggested use

For children aged 4 to 10 years, it is recommended to take 10 ml once daily, and for adults aged 11 and older, to take 10 ml twice daily.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Alvikid® TUSS 100 ml

- Helps Reduce Cough
- Supports the Immune System
- Helps Soothe the Throat
- Relaxes and Opens the Airways
- Supports Antibacterial Properties
- Supports Anti-Inflammatory Properties

Why CONALT® Alvikid® TUSS?

CONALT® Alvikid® TUSS is meticulously developed in CONALT laboratories using proven ingredients for cough and cold relief in children. Utilizing DNA Certified SEDOX Brand Herbal Patented raw materials, it is produced in effective doses for both children and adults.

Scientific Studies and Sources

1. Plantain (Plantago lanceolata)

- **Studies:** Various research exists on the anti-inflammatory and cough-suppressing effects of plantain. For instance, this plant has been shown to reduce throat irritation.
- **Source:** Gülçin, İ. (2010). "Antioxidant properties of plantago species." Journal of Medicinal Plants Research.

2. Marshmallow (Althaea officinalis)

- **Studies:** Marshmallow root is known for its soothing and cough-relieving properties. Various clinical studies demonstrate that this plant helps alleviate cold symptoms.
- **Source:** McKay, D. L., & Miller, E. C. (2005). "A review of the bioactivity of Althaea officinalis." Nutrition Reviews.

3. Euphrasia (Euphrasia officinalis)

- **Studies:** It has been shown to also relax the airways.
- **Source:** Porrini, M. et al. (2010). "Euphrasia: a review of its properties." Phytotherapy Research.

4. Thyme (Thymus vulgaris)

- **Studies:** Thyme is noted for its antibacterial and antifungal properties. Additionally, there are studies on its airway-opening effects.
- **Source:** Burt, S. (2004). "Essential oils: Their antibacterial properties and potential applications in foods—a review." International Journal of Food Microbiology.

Ingredients

Serving size: 10 ml
Servings Per Container: 100 ml

ACTIVE INGREDIENT	AMOUNT IN 10 ML	% NRV*
Plantain (Plantago lanceolata) Extract	200 mg	*
Marshmallow (Althaea officinalis) Extract	100 mg	*
Eyebright (Euphrasia officinalis) Extract	50 mg	*
Thyme (Thymus vulgaris) Extract	100 mg	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Deionized Water, Stabilizer: Glycerin (E422), Sugar, Plantain Extract, Marshmallow Flower Extract, Eyebright Extract, Thyme Extract, Thickener: Xanthan Gum (E415), Flavoring: Honey Flavor, Preservatives: Potassium Sorbate (E212), Sodium Benzoate (E211), pH Regulator: Citric Acid, Sweetener: Sucralose (E955).

Suggested use

For children aged 4 to 10 years, it is recommended to take 10 ml once daily, and for adults aged 11 and older, to take 10 ml twice daily.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® MegaTen ALL COMPLEX 30 Capsules

- Supports the immune system
- Contributes to energy metabolism
- Improves eye health
- Contributes to bone and dental health
- Supports skin and hair health
- Supports heart health
- Improves nervous system function
- Supports cell renewal
- Helps combat oxidative stress
- Regulates hormone balance
- Supports metabolism and energy production
- Benefits emotional and mental health
- Provides antioxidant protection
- Supports heart health

Why CONALT®MegaTen ALL COMPLEX?

CONALT® MegaTen ALL COMPLEX is a supplement meticulously formulated to promote a healthy lifestyle. The vitamins, minerals, and patented raw materials it contains offer profound positive effects on general human health. This unique formula not only provides the nutritional support your body needs but also helps you feel more energetic and vibrant in your daily life. Furthermore, each of these components is backed by scientific studies, ensuring their contributions to your health are well-documented.

Importance for General Human Health

- **Vitamins:** This supplement strengthens your immune system, supports energy metabolism, and promotes cellular renewal. For example, powerful antioxidants like Vitamin C and E combat free radicals, protecting cell health (Carr & Maggini, 2017).
- **Minerals:** Minerals such as magnesium, calcium, and zinc support bone health and contribute to the smooth functioning of overall metabolism (Weaver, 2013).
- **Green Tea Extract:** With its high polyphenol content, it stimulates metabolism and helps protect cells from oxidative stress (Aune et al., 2017).
- **Lutein:** An essential compound for protecting eye health, lutein provides effective protection against age-related vision problems (Johnson et al., 2000).

Patented Raw Materials and Scientific Support

CONALT®MegaTen ALL COMPLEX contains proven patented components such as Quatrefolic® and Mecobalactive. Quatrefolic® boosts folate levels in your body, while Mecobalactive enhances the absorption of Vitamin B12, strengthening your nervous system health. These patented formulas are rigorously developed to optimize your health (Toh et al., 2013; Herrmann & Obeid, 2011). When these powerful components come together, they provide excellent support for living a healthy life and slowing down the aging process. This investment in yourself will help increase your energy levels, allowing you to feel more vibrant and healthy.

Ingredients

Serving size: 1 Capsules
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULES	% NRV*
Vitamin A	800 µg	100
Vitamin D	5 µg	100
Vitamin E	12 mg	100
Vitamin C	80 mg	100
Vitamin B1	1.1 mg	100
Vitamin B2	1.4 mg	100
Niacin	16 mg	100
Vitamin B6	1.4 mg	100
Folic Acid (Quatrefolic®)	200 µg	100
Vitamin B12 (Methylcobalamin, MecobalActive®)	2.5 µg	100
Biotin	50 µg	100
Pantothenic Acid	6 mg	100
Green Tea Extract	30 mg	*
Lutein	2 mg	*
Magnesium	90 mg	24
Calcium	120 mg	15
Zinc	10 mg	100
Iron	1 mg	7,14
Manganese	1 mg	50
Copper	150 µg	15000
Iodine	110 µg	33,34
Chromium	50 µg	125

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Calcium Bisglycinate, Magnesium Hydroxide, Capsule Component: Bovine Gelatin, Ascorbic Acid, Alpha Tocopherol Acetate, Marigold Extract, Zinc Bisglycinate, Green Tea Extract, Iron Bisglycinate, Niacin, Calcium D-Pantothenate, Retinyl Acetate, Bulking Agents: Maltodextrin, Anti-caking Agents: Magnesium Salts of Fatty Acids, Silicon Dioxide (E551), Manganese Sulfate, Cholecalciferol, Riboflavin, Pyridoxine Hydrochloride, Thiamine, Copper Gluconate, Chromium Picolinate, 6S)-5-Methyl-THF Glucosamine Salt, Potassium Iodide, Biotin, Methylcobalamin.

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® MegaTen MAN 50+ 30 Capsules

- Contributes to Enhanced Energy and Physical Performance
- Supports Sexual Health and Erection Function
- Aids Hormone Balance and Testosterone Regulation
- Supports Cognitive Functions and Mental Performance
- Accelerates Muscle Building and Tissue Repair
- Promotes Cardiovascular and Heart Health
- Improves Skin Health with Anti-Aging Effects
- Strengthens Immune System and Body Defense
- Supports Digestive Health
- Regulates Fat Metabolism and Improves Body Composition
- Enhances Eye Health with Antioxidant Protection

Why CONALT®MegaTen MAN 50+?

CONALT® MegaTen MAN 50+ is an innovative supplement tailored to the specific health needs of men aged 50 and older. Its formula includes standardized ingredients proven to enhance effectiveness, and it is scientifically formulated to support men's health while helping to reduce the negative effects of aging. Here are the key health benefits of CONALT® MegaTen 50+ MAN:

- **Lacticaseibacillus rhamnosus LRa05 CGMCC 24377 (Probiotic):** Strengthens the immune system, improves digestive health, and aids stress management.

Source: "The Role of Probiotics in Immune Health," Journal of Clinical Gastroenterology, 2017.

- **Siberian Ginseng Extract (Eleutherosides 0.8%):** Enhances physical and mental endurance, boosts energy levels, and aids in stress adaptation.

Source: "Effects of Eleutherococcus senticosus on Physical Performance and Stress Adaptation," Phytomedicine, 2015.

- **Coenzyme Q10 (CoQ10):** Increases cellular energy production with antioxidant properties, supports heart health, and reduces oxidative stress.

Source: "Coenzyme Q10 and Cardiovascular Disease," Current Cardiology Reviews, 2018.

- **L-Carnitine (Carnipure Crystalline):** Promotes fat burning, improves muscle function, and boosts physical performance.

Source: "L-Carnitine Supplementation and Fat Metabolism in Elderly Subjects," The Journal of Clinical Endocrinology & Metabolism, 2015.

- **L-Arginine:** Improves blood flow, supports erectile function, and helps balance testosterone levels.

Source: "The Effect of L-Arginine Supplementation on Erectile Dysfunction in Older Men," Journal of Urology, 2017.

- **Vitamin D3:** Strengthens bone health, supports the immune system, and enhances testosterone production.

Source: "Vitamin D and Testosterone: The Influence of Vitamin D on Testosterone Levels in Men," Endocrine Journal, 2019.

- **Vitamin E:** Protects heart health, reduces oxidative stress as a powerful antioxidant, and safeguards cells.

Source: "The Role of Vitamin E in Cardiovascular Health," Nutrients, 2018.

Zinc: Supports testosterone production, strengthens immune functions, and improves skin health.
Source: "Zinc and Testosterone: The Role of Zinc in Regulating Testosterone Levels," Journal of the American College of Nutrition, 2016.

With these powerful ingredients, CONALT® MegaTen 50+ MAN supports men's health, defends the body against the adverse effects of aging, and provides comprehensive support in crucial areas such as energy, hormone balance, and heart health.

Ingredients

Serving size: 1 Capsules
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULES	% NRV*
Siberian Ginseng Extract	25 mg	*
Coenzyme Q10	2.5 mg	*
L-Carnitine	15 mg	*
L-Arginine*	20 mg	*
L-Methionine	20 mg	*
Lutein (Marigold Extract 5%)	50 mg	*
L-Glutathione	5 mg	*
Horsetail Extract	100 mg	*
PABA	10 mg	*
Phospholipids	40 mg	*
Citrus Aurantium Extract	37,5 mg	*
Beta Carotene	3,25 mg	*
Vitamin A	800 µg RE	100
Vitamin D3	600 IU/ 15 µg	300
Vitamin E	12 mg α-TE	100
Ascorbic Acid	80 mg	100
Vitamin B1	14 mg	1272,72
Riboflavin	4 mg	285,71
Niacin (Vitamin B3)	36 mg NE	225
Vitamin B6	9 mg	642,85
Folic Acid	200 µg	100
Vitamin B12 (Methylcobalamin, MecobalActive®)	20 µg	800
Biotin	50 µg	100
Pantothenic Acid	10 mg	116,67
Iodine	110 µg	73,34
Iron	6 mg	100
Zinc	15 mg	150
Copper	1 mg	100000
Manganese	0.5 mg	25
Chromium	80 µg	200
Selenium	60 µg	109,10
Lacticaseibacillus rhamnosus LRa05	$10x10^9$ CFU	*

NRV: Nutrition Reference Value, * : No NRV

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® MegaTen WOMAN 50+ 30 Capsules

- Contributes to accelerating metabolism
- Helps support hormonal balance
- Assists in increasing energy production
- Aids in enhancing fat burning
- Provides antioxidant protection
- Supports brain health
- Strengthens the immune system
- Contributes to maintaining skin health
- Helps improve bone health
- Delays skin aging
- Increases energy levels
- Helps reduce stress
- Provides overall health and immune system support

Why CONALT®MegaTen WOMAN 50+?

CONALT® MegaTen WOMAN 50+ is a supplement specially formulated with patented ingredients to support the health of women aged 50 and above. Thanks to its patented components, it has been scientifically proven to have multiple positive effects on women's health.

The Importance of Lactobacillus reuteri for Women
Lactobacillus reuteri provides various benefits to women's health:

- **Immune System:** Strengthens immune responses and enhances resistance to diseases.
- **Vaginal Health:** Balances vaginal flora, reduces the risk of infections, and supports overall reproductive health.
- **Hormonal Balance:** Helps maintain hormonal balance during menopause, alleviating meno pause symptoms.
- **Digestive Health:** Improves gut health and contributes to regular digestion.

Effects of Other Ingredients on Women's Health
Benefits: Supports metabolism with its high polyphenol content and protects cellular health with its antioxidant effects.
Research: Aune, D. et al. (2017). Green tea consumption and cancer risk: a systematic review and meta-analysis. Nutrients.

2. Soy Germ Extract (20 mg)

Benefits: The isoflavones it contains may help relieve menopause symptoms and support hormonal balance.
Research: Taku, K. et al. (2010). Soy isoflavones and menopausal symptoms: a systematic review and meta-analysis. European Journal of Clinical Nutrition.

3. Coenzyme Q10 (2.5 mg)

Benefits: Plays a role in energy production and supports heart health.
Research: Sharma, A. et al. (2016). Coenzyme Q10: a review of its clinical uses. Cardiology in Review.

CONALT®
COENZYME FOR HEALTH

4. L-Carnitine (10 mg)

Benefits: Supports the conversion of fatty acids into energy and may enhance physical performance.
Research: Volek, J. S. et al. (2015). Effects of L-carnitine supplementation on exercise performance: a meta-analysis. Journal of Sports Science.

5. Alpha Lipoic Acid (ALA) (20 mg)

Benefits: A powerful antioxidant that may increase insulin sensitivity.
Research: Jacob, R. A. et al. (1999). Alpha-lipoic acid: its role in the prevention of oxidative stress. Journal of Nutrition.

6. Phosphatidylcholine (10 mg)

Benefits: Contributes to brain health and supports liver function.
Research: Wurtman, R. J. et al. (2006). Phosphatidylcholine and choline: essential nutrients in brain function. Nutrition Reviews.

7. Citrus Bioflavonoids

Benefits: Supports the immune system with its antioxidant effects and enhances the absorption of vitamin C.
Research: Fang, A. et al. (2016). Citrus bioflavonoids: health benefits and potential mechanisms. Nutrients.

8. Beta-Carotene

Benefits: Supports skin health and aids the immune system.
Research: Krinsky, N. I. et al. (2004). Carotenoid action on the immune response. The American Journal of Clinical Nutrition.

9. Vitamin D3

Benefits: Supports bone health and strengthens the immune system.
Research: Holick, M. F. (2004). Vitamin D: a millenium perspective. Journal of Cellular Biochemistry.

10. Vitamin E

Benefits: Protects cell membranes with its antioxidant effect.
Research: Traber, M. G. (2007). Vitamin E: functions and metabolism. Antioxidants & Redox Signaling.

11. B Vitamin Complex

Thiamine : Supports energy metabolism.
Riboflavin: Maintains cellular health with its antioxidant properties.
Niacin : Regulates cholesterol levels.
Vitamin B6 : Supports hormonal balance.
Folic Acid: Supports hormonal balance.
Vitamin B12: Protects nervous system health and reduces anemia risk.
Research: Depeint, F. et al. (2006). Human metabolism of vitamin B12. The American Journal of Clinical Nutrition.

12. Biotin

Benefits: Supports hair, skin, and nail health.
Research: Bistrian, B. R. (2006). Biotin: a review of its role in health and disease. Journal of Nutrition.

13. Minerals

Magnesium: Supports nerve and muscle function.
Iron: Reduces the risk of anemia.
Zinc : Strengthens the immune system.
Copper: Plays a role in iron metabolism.
Manganese: Supports antioxidant defenses.
Selenium: Protects cellular health with its antioxidant effects.
Chromium: Regulates glucose metabolism.
Research: Fulgoni, V. L. et al. (2011). The importance of minerals in the diet. Journal of Nutrition.

Ingredients

Serving size: 1 Capsules
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULES	% NRV*
Lactobacillus reuteri	30 mg	*
Green Tea Extract	25 mg	*
Soy Germ Extract	20 mg	*
Coenzyme Q10	2.5 mg	*
Carnipure® Crystalline (L-Carnitin)	10 mg	*
Alpha Lipoic Acid (ALA)	20 mg	*
Phosphatidylcholine	10 mg	*
Citrus Bioflavonoids (Citrus Aurantium Extract (40%))	10 mg	*
Beta Carotene	2 mg	*
Vitamin D3	10 µg /400 IU	200
Vitamin E	10 mg α-TE	83,34
Thiamine (Vitamin B1)	14 mg	1272,72
Riboflavin (Vitamin B2)	4 mg	285,71
Niacin (Vitamin B3)	30 mg NE	187,5
Vitamin B6	10 mg	714,28
Folic Acid (Quatrefolic®)	200 µg	100
Vitamin B12	5 µg	200
Biotin	50 mg	200
Pantothenic Acid	6 mg	200
Magnesium (as Magnesium Bisglycinate)	60 mg	16
Iron	10 mg	71,42
Zinc	15 mg	150
Copper	1000 µg	100
Manganese	0.5 mg	25
Selenium	120 µg	218,18
Chromium	75 µg	187,5

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Magnesium Bisglycinate, Capsule Component: Bovine Gelatin, Zinc Bisglycinate, Bulking Agent: Maltodextrin, Alpha Tocopheryl Acetate, Phospholipids, Ferrous Bisglycinate, Niacin, Lactobacillus reuteri, Citrus (Bitter Orange) Extract, L-Selenomethionine, Green Tea Extract, Soy Extract, Alpha Lipoic Acid, Beta Carotene, Thiamine Hydrochloride, Pyridoxine Hydrochloride, L-Carnitine, Copper Gluconate, D-Calcium Pantothenate, Riboflavin, Cholecalciferol, Anti-Caking Agents: Magnesium Salts of Fatty Acids (E470), Silicon Dioxide (E551), Coenzyme Q10, Manganese Sulfate Monohydrate, Chromium Picolinate, 6S-5-Methyltetrahydrofolic Acid Glucosamine Salt, Biotin, Methylcobalamin.

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® MegaTen GEL 100 g

- Advanced Massage Gel for Healthy Joints and Muscles
- An Ideal Solution for Athletes and Joint Health Protection
- Enriched with Essential Oils such as Ginger, Lavender, Eucalyptus, and Clove Bud
- Leave the Fatigue of the Day Behind with the Relaxing Effect of Massage
- A Comfortable and Deep Experience in Muscle and Joint Areas
- Provides a Freshness and Revitalization After Intense Days

Why CONALT® MegaTen GEL?

CONALT ® Megaten Gel, thanks to its special formula, provides a relaxing experience in muscle and joint areas by offering both a refreshing cooling effect and a comfortable warming sensation. While menthol and camphor create a cooling effect, capsicum extract and ginger oil gently warm the skin, providing a deep relaxation feeling in the applied area. With methyl salicylate, MSM, and Boswellia Serrata extract, it offers a comfortable effect during massage, while glucosamine and chondroitin sulfate support the skin. Its light and fast-absorbing formula provides instant effect without leaving an oily feeling, making it suitable for daily use.

Ingredients

Camphor	Sodium Chondroitin Sulfate
Methylsulfonylmethane (MSM)	Zingiber Officinale Root Oil
Lavandula Oil	Eugenia Caryophyllus Stem Oil
Boswellia Serrata Extract	Glucosamune Sulfate
Tocopheryl Acetate	Arnica Montana Extract
Capsicum Annuum Extract	Hyaluronic Acid

Ingredients: Aqua, Alcohol, Methyl Salicylate, Menthol, Camphor, Capsicum Annuum Extract, Sodium Chondroitin Sulfate, Zingiber Officinale Root Oil, Eucalyptus Globulus Oil, Lavandula Officinalis Flower Oil, Eugenia Caryophyllus Stem Oil, Glucosamine Sulfate, Arnica Montana Extract, Hyaluronic Acid, Methylsulfonylmethane (MSM), Boswellia Serrata Extract, Dimethyl Sulfoxide, Triethanolamine, Tocopheryl Acetate, Carbomer, Polysorbate 20, Phenoxyethanol, Ethylhexylglycerin.

Suggested use

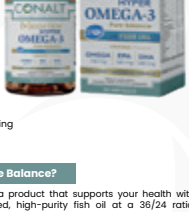
Using 2-3 times during a day is recomended.

Warnings

Avoid contact with your face, eyes, and sensitive areas of your body. Do not apply to open wounds or burned skin. Wash your hands after application. In case of eye contact, rinse thoroughly with plenty of water.

CONALT® MegaTen Hyper OMEGA-3 Pure Balance

- Cardiovascular Health
- Brain and Nervous System Functions
- Inflammation and Immune System
- Hormonal Balance
- Cholesterol Regulation
- Blood Pressure Control
- Memory and Cognitive Performance
- Focus and Concentration
- Prevention of Age-Related Mental Decline
- Retina and Visual Acuity
- Alleviation of Dry Eye Syndrome
- Antioxidant Protection Against Free Radicals
- Reduction of Autoimmune Disease Risks
- Relief of Joint Disorders like Rheumatoid Arthritis
- Acceleration of Metabolism and Support for Fat Burning
- Blood Sugar Control by Improving Insulin Sensitivity
- Prevention of Liver Fattyness



Why CONALT® MegaTen Hyper OMEGA-3 Pure Balance?

CONALT ® MegaTen Hyper OMEGA-3 Pure Balance is a product that supports your health with high-quality omega-3 fatty acids. With IFOS-certified, high-purity fish oil at a 36/24 ratio, Trigliserid™ Advanced Formula, and softgel technology, it ensures maximum bioavailability of omega-3 fatty acids. This excellent combination provides powerful support for heart, brain, joint health, and overall quality of life improvement.

Key Features and Scientific Studies:

- **IFOS Certification:** IFOS (International Fish Oil Standards) sets quality and purity standards for fish oil products. CONALT® MegaTen Hyper OMEGA-3 Pure Balance is IFOS certified, free from heavy metals, PCBs, and other harmful components. This certification guarantees that the fish oil is of high purity. IFOS-certified fish oil provides maximum effectiveness with low oxidation rates, making CONALT®MegaTen Hyper OMEGA-3 Pure Balance one of the most reliable omega-3 sources available.
- **36/24 Fish Oil Ratio:** The 36/24 fish oil ratio refers to the content of EPA (Eicosapentaenoic Acid) and DHA (Docosahexaenoic Acid). This ratio ensures an excellent balance of EPA and DHA. The high EPA content has strong effects on reducing heart disease risk and inflammation, while the DHA content supports brain functions, mental health, and eye health. Research shows that this ratio is effective in reducing the risk of heart disease and improving brain health (American Journal of Clinical Nutrition, 2009).
- **Trigliserid™ Advanced Formula:** Presenting omega-3 fatty acids in triglyceride form increases bioavailability. The Trigliserid™ Advanced Formula allows omega-3 fatty acids to be absorbed faster and more efficiently. Scientific research has shown that omega-3s in triglyceride form are better absorbed by the body compared to ester forms (Lipids, 2007).
- **Softgel Technology:** Softgels ensure that omega-3 fatty acids reach the body without oxidation and loss of efficacy. They also provide an easy-to-swallow, stomach-friendly formula, allowing you to use CONALT® MegaTen Hyper OMEGA-3 Pure Balance with ease and confidence.

Ingredients

Serving size: 1 Softgel
Servings Per Container: 60

ACTIVE INGREDIENT	AMOUNT IN 1 SOFTGEL	% NRV*
Fish Oil	1000 mg	*
• EPA	360 mg	
• DHA	260 mg	

NRV: Nutrition Reference Value, * : No NRV

Suggested use

One (1) softgel per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® MegaTen OMEGA-3 PureWave 60 Softgels

- Cardiovascular Health
- Brain and Nervous System Functions
- Inflammation and Immune System
- Hormonal Balance
- Cholesterol Regulation
- Blood Pressure Control
- Memory and Cognitive Performance
- Focus and Concentration
- Prevention of Age-Related Mental Decline
- Retina and Visual Acuity
- Alleviation of Dry Eye Syndrome
- Antioxidant Protection Against Free Radicals
- Reduction of Autoimmune Disease Risks
- Relief of Joint Disorders like Rheumatoid Arthritis
- Acceleration of Metabolism and Support for Fat Burning
- Blood Sugar Control by Improving Insulin Sensitivity
- Prevention of Liver Fattyness

Why CONALT® MegaTen OMEGA-3 PureWave?

CONALT® MegaTen Omega-3 PureWave is an advanced product that supports your health with high-quality and pure omega-3 fatty acids. Its Triglyceride™ Power Formula, containing 1000 mg of omega-3 and certified by IFOS, offers maximum bioavailability and effectiveness. By supporting the health benefits of omega-3 fatty acids with scientific studies, it provides an excellent supplement that supports healthy living.

Key Features and Scientific Studies:

- **IFOS Certification:** The IFOS (International Fish Oil Standards) certification sets the quality and purity standards for whale and other fish oils. IFOS-certified products are free from heavy metals, PCBs, and other harmful components, providing a safer and more effective omega-3 support. IFOS-certified fish oils offer high purity and low oxidation rates, delivering the highest quality to the user. The IFOS standard means only the best fish oil products receive this certification, making CONALT® MegaTen Omega-3 PureWave one of the highest-quality options in the industry.
- **1000 mg Omega-3:** Each softgel contains 1000 mg of omega-3 fatty acids, providing an effective support to meet your daily omega-3 needs. Omega-3 fatty acids are crucial for many body functions, from heart health to brain function. Research has shown that omega-3 fatty acids, especially EPA (Eicosapentaenoic Acid) and DHA (Docosahexaenoic Acid), provide significant benefits in improving heart health, reducing inflammation, and supporting cognitive functions (American Journal of Clinical Nutrition, 2009).
- **Triglyserid™ Advanced Formula:** Omega-3 fatty acids are absorbed more quickly and efficiently by the body when presented in triglyceride form. The Triglyceride™ Power Formula increases the bioavailability of omega-3 fatty acids, allowing them to be used more effectively in the body. Scientific studies have shown that omega-3s in triglyceride form are more effective and absorbed more efficiently by the body (Lipids, 2007).

Ingredients

Serving size: 1 Softgel
Servings Per Container: 60

ACTIVE INGREDIENT	AMOUNT IN 1 SOFTGEL	% NRV*
Fish Oil	500 mg	*
• EPA	180 mg	
• DHA	120 mg	

NRV: Nutrition Reference Value, * : No NRV

Suggested use

One (1) softgel per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® MegaTen Flex 60 Capsules

- Helps support joint health
- Promotes cartilage repair
- Alleviates symptoms of osteoarthritis
- Aids in maintaining cartilage structure
- Increases joint mobility
- Helps reduce inflammation
- Provides anti-inflammatory benefits
- Reduces joint pain
- Enhances mobility
- Reduces pain
- Eases inflammation

Why CONALT® MegaTen Flex?

CONALT® MegaTen Flex is designed to offer holistic support for joint health, formulated with high-quality ingredients in the right dosages. Glucosamine and Chondroitin, key components in the product, have been found effective in supporting joint health and alleviating osteoarthritis symptoms in numerous scientific studies (Mason et al., 2000). The combination of these ingredients enhances their potential to relieve symptoms and improve joint function. Additionally, Boswellia serrata and MSM (Methylsulfonylmethane) help reduce joint pain through their anti-inflammatory properties (Sinha et al., 2012). Boswellia's ability to reduce joint inflammation is also well-documented in scientific research (Kimmatkar et al., 2003). This makes CONALT® MegaTen Flex a reliable choice for those seeking to support joint function and improve quality of life.

Ingredients

Serving size: 2 Capsules
Servings Per Container: 60

ACTIVE INGREDIENT	AMOUNT IN 2 CAPSULES	% NRV*
Glucosamine Sulfate	800 mg	*
Chondroitin Sulfate	550 mg	*
Boswellia serrata	550 mg	*
MSM (Methylsulfonylmethane)	200 mg	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: D-Glucosamine Sulfate 2KCl, Boswellia Serrata Extract, Chondroitin Sulfate, Methylsulfonylmethane, Anti-Caking Agents: Silicon Dioxide (E551), Magnesium stearate (E470b).

Suggested use

Two (2) capsules per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® PRO ALL DERMA 30 Capsules

- Helps Strengthen Skin Tissue
- Helps Support Skin Health
- Helps Provide Protection Against Free Radicals
- Helps Reduce Inflammation in the Skin
- Helps Delay Skin Aging
- Helps Support Collagen Synthesis
- Helps Neutralize Free Radicals
- Helps Speed Up Skin Healing Process
- Helps Support the Production of Collagen and Elastin
- Helps Maintain Skin Elasticity
- Helps Support Skin Repair
- Helps Enhance Skin Health
- Helps Reduce Signs of Aging

Why CONALT® PRO ALL DERMA?

CONALT® PRO ALL is formulated with meticulously selected and sustainable ingredients, including COLLACTIVE™ , Collagen HM™, and Prolastin®, designed in golden ratios as a "hydro skin complex." This product offers an ideal formula aimed at supporting skin health and enhancing its effects. Additionally, its "antioxidant excellent skin formula" contributes to the renewal and protection of the skin, thus providing defense against external factors while enhancing skin elasticity.

Scientific Studies and Sources

- **Collagen:** Helps increase skin elasticity. Studies show that collagen intake strengthens skin tissue. (Source: Proksch et al., 2014. "Oral intake of specific bioactive collagen peptides reduces skin wrinkles and increases dermal matrix synthesis.")
- **Hyaluronic Acid:** Increases skin hydration levels and delays signs of aging. Research indicates that hyaluronic acid enhances the skin's water retention capacity. (Source: Papakonstantinou et al., 2012. "Hyaluronan: A key player in skin aging.")

  Vitamin E: Provides protection against free radicals with its antioxidant properties and helps reduce skin inflammation. The positive effects of vitamin E supplementation on skin health are supported by numerous studies. (Source: Thiele et al., 2001. "Vitamin E and the Skin.")
- **Vitamin C:** Supports collagen synthesis and enhances skin health. The role of vitamin C in reducing signs of aging in the skin is evidenced by research. (Source: Pinnell et al., 2001. "Topical L-ascorbic acid: percutaneous absorption studies.")
- **Zinc:** Supports skin repair and plays a significant role in acne treatment. Many clinical studies have been conducted on the relationship between zinc deficiency and skin problems. (Source: Nascimento et al., 2012. "Zinc in the Treatment of Acne: A Review.")

CONALT® PRO ALL DERMA effectively supports skin health with its components based on these scientific studies. Therefore, it is an ideal product for skin renewal and protection.

Ingredients

Serving size: 1 Capsules
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULES	% NRV*
Collagen (COLLACTIVE®)	300 mg	*
Hyaluronic Acid	25 mg	*
Horsetail Extract	10 mg	*
Biotin	35 µg	70
Grape Seed Extract	50 mg	*
Green Tea Extract	50 mg	*
Vitamin C	40 mg	50
Vitamin E	5 mg	41,67
Zinc (as Zinc Gluconate)	7.5 mg	75
Copper	500 µg	50
Selenium	25.5 µg	46,36
L-Cysteine	10 mg	*
Beta-Carotene	1 mg	*
Lycopene	1 mg	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Collagen, Capsule Component: Bovine Gelatin, Bulking Agent: Maltodextrin, Horsetail Extract (10% Silica), Zinc Gluconate, Green Tea Extract, Grape Seed Extract, Ascorbic Acid, Hyaluronic Acid, Alpha-Tocopheryl Acetate, Lycopene Extract, L-Cysteine Hydrochloride Monohydrate, Beta-Carotene, L-Selenomethionine, Anti-caking Agent: Magnesium Salts of Fatty Acids (E 470), Silicon Dioxide (E551), Copper Gluconate, Biotin.

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® PRO ALL 60 Capsules

- Helps Support Hair Health
- Assists in Skin Health and Regeneration
- Aids in Strengthening Nails
- Helps with Antioxidant Protection
- Supports Cell Regeneration
- Assists Against Free Radicals

Why CONALT® PRO ALL?

CONALT® PRO ALL is an ideal product specifically formulated with scientifically selected ingredients to support hair, skin, and nail health. Prepared in the CONALT® laboratory using high-quality raw materials, it contains brewer's yeast, which promotes hair growth due to its high biotin and rich protein content, while its minerals help strengthen nail health. Evidence of these effects is presented in the study by Marquez et al. (2015), which supports the positive impact of brewer's yeast on hair health. Additionally, the L-cystine in the product contributes to the keratin structure, helping hair become stronger and more resilient, while millet extract, rich in vitamins and minerals, supports healthy growth of both hair and nails. Horse chestnut extract, with its high silica content, strengthens hair and provides a shinier appearance. These ingredients collectively improve the overall appearance by supporting hair and nail health.

L-cystine strengthens the hair keratin structure and improves hair health, effects supported by the study "Role of Cysteine in Hair Growth" (Roberts et al., 2014). Millet extract supports hair and nail health due to its rich vitamin and mineral content, as shown in the study "Nutritional Value and Health Benefits of Millet" (Prasad et al., 2017). Horse chestnut extract contributes to hair strengthening with its high silica content, as proven in "The Role of Equisetum in Hair Growth" (Le et al., 2015).

Brewer's yeast promotes hair growth due to its high biotin and protein content, as highlighted in the study "Effects of Brewer's Yeast on Hair Growth" (Marquez et al., 2015). Biotin's effectiveness in preventing hair loss is supported by the study "Biotin Supplementation and Hair Health" (McMichael et al., 2012).

Vitamin B complex provides essential nutrients for hair health, as indicated in the study "Vitamin B Complex and Hair Health" (Hu et al., 2016). Vitamin C supports collagen synthesis, enhancing skin health, as shown in "Vitamin C in Hair and Skin Health" (Meyer et al., 2016). Vitamin D helps promote healthy hair follicle growth, proven in the study "Vitamin D's Role in Hair Follicle Cycling" (K. et al., 2014).

Vitamin E protects skin health with its antioxidant properties, as indicated in "Effects of Vitamin E on Hair and Skin Health" (W. et al., 2012). Zinc and copper are important minerals that support hair health, according to "The Role of Zinc and Copper in Hair Growth" (Z. et al., 2013).

Ingredients

Serving size: 2 Capsules
Servings Per Container: 60

ACTIVE INGREDIENT	AMOUNT IN 2 CAPSULES	% NRV*
L-Cystine	205 mg	*
Millet Extract (Panicum miliaceum)	400 mg	*
Horsetail Extract (Equisetum arvense)	9 mg	*
Brewer's Yeast (Saccharomyces cerevisiae)	300 mg	*
Biotin	5000 µg	10000
Keratin	60 mg	*
Vitamin B1	10 mg	909
Vitamin B2	5 mg	357,14
Vitamin B3	16 mg	100
Vitamin B5	50 mg	833,34
Vitamin B6	10 mg	714,28
Vitamin B12 (Methylcobalamin, MecobalActive®)	10 µg	400
Vitamin C	100 mg	125
Vitamin D	5 µg	100
Vitamin E	40 mg	333,34
Beta-Carotene	2 mg	*
Taurine	40 mg	*
Resveratrol	20 mg	*
Copper	1000 µg	100
Zinc	15 mg	150
Iron (as Ferrus Bisglycinate)	17 mg	121,42
Iodine	110 µg	73,34
Selenium (Selenium Select)	100 µg	181,81
PABA (Para-aminobenzoic Acid)	50 mg	*
Folic Acid	400 µg	200

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Millet Extract (Panicum miliaceum), Brewer's Yeast (Saccharomyces cerevisiae), L-Cystine, L-Methionine, Alpha-Tocopheryl Acetate, Capsule Component: Bovine Gelatin, Ascorbic Acid, Iron Bisglycinate, Keratin Monohydrate, Calcium D-Pantothenate, P-Amino Benzoic Acid, Bulking Agent: Maltodextrin, Zinc Sulfate, Taurine, Resveratrol, L-Selenomethionine, Nicotinamide, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Horsetail Extract, Anti-Caking Agents: Silicon Dioxide (E551), Magnesium Salts of Fatty Acids (E 470b), Riboflavin, Biotin, Copper Sulfate, Cholecalciferol, Pteroylmonoglutamic Acid, Potassium Iodide, Methylcobalamin.

Suggested use

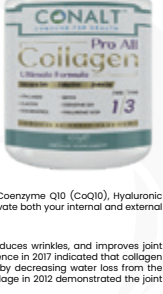
Two (2) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Pro All Collagen Ultimate Formula 450 g

- Anti-Aging Support
- Joint, Connective Tissue, and Muscle Health
- Skin Hydration and Strengthening the Skin Barrier
- Cellular Repair, Renewal, and Antioxidant Protection
- Skin Health, Hair and Nail Health
- Energy Production, Cellular Metabolism, and Endurance
- Cardiovascular Health and Circulatory System Support
- Strengthening the Immune System and Protection
- Against Infections
- Even Skin Tone and Enhancing Radiance
- Reducing Inflammation and Oxidative Stress



Why CONALT® Pro All Collagen Ultimate Formula?

CONALT ® Pro All Collagen Ultimate Formula is a special formula that enhances skin health while providing anti-aging effects, supports joint and bone health, strengthens the immune system, and optimizes overall body health. Its ingredients, including Collagen Types 1 and 3, the patented COLLACTIVE™ component, Resveratrol, Coenzyme Q10 (CoQ10), Hyaluronic Acid, Vitamin C, and Biotin, support your overall health and elevate both your internal and external well-being to the highest level.

Scientific Studies and Sources:

Collagen Types 1 and 3: Collagen increases skin elasticity, reduces wrinkles, and improves joint health. A study published in the Journal of Dermatological Science in 2017 indicated that collagen supplements can significantly reduce wrinkles and fine lines by decreasing water loss from the skin. Additionally, a study published in Osteoarthritis and Cartilage in 2012 demonstrated the joint health-supporting effects of collagen supplements.

COLLACTIVE™: This patented component enhances the body's natural collagen production, accelerating skin regeneration and delaying signs of aging. Scientific research has shown that COLLACTIVE™ increases collagen production, making the skin firmer and more elastic (Collagen Research Journal, 2018).

Resveratrol: A powerful antioxidant, resveratrol neutralizes free radicals, slowing down the aging process and reducing the signs of aging on the skin. A study published in the Journal of Dermatological Science in 2012 demonstrated that resveratrol has a significant anti-aging effect on skin wrinkles.

Coenzyme Q10 (CoQ10): CoQ10 plays a critical role in the energy production of skin cells and improves skin health with its anti-aging effects. A study published in the Biofactors journal in 2018 showed that CoQ10 helps reduce wrinkles and fine lines while enhancing skin elasticity.

Hyaluronic Acid: Hyaluronic acid deeply moisturizes the skin and increases its elasticity. It alleviates dryness caused by aging and helps the skin appear more youthful and healthy. Studies published in the International Journal of Cosmetic Science in 2015 indicated that hyaluronic acid improves skin renewal processes and maintains the skin's moisture balance.

Vitamin C: Vitamin C increases collagen production in the skin, accelerating skin regeneration and improving overall skin health. As a powerful antioxidant, it also protects the skin from environmental damage (Free Radical Biology and Medicine, 2013).

Biotin: Biotin improves the health of hair, skin, and nails. Research has shown that biotin supplements prevent hair loss and support healthy hair growth (Journal of Clinical and Aesthetic Dermatology, 2012).

Ingredients

Serving size: 1 Scale
Servings Per Container: 450 g

ACTIVE INGREDIENT	AMOUNT IN 1 SCALE (15 g)	% NRV*
Collagen Hydrolysate (Bovine Source)	9800 mg	*
Collactive® • Collagen Hydrolysate (Fish source) - 188 mg • Hydrolyzed Elastin - 12 mg	200 mg	*
Vitamin C	100 mg	125
Hyaluronic Acid	50 mg	*
Biotin	100 µg	200
Vitamin E	6 mg α-TE	100
Resveratrol	10 mg	*
Coenzyme Q10	10 mg	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Collagen, Bulking Agent: Maltodextrin, Bulking Agent: Dextrose Monohydrate, Flavoring: Tropical Flavoring Powder, Ascorbic Acid, Hyaluronic Acid, Anti-caking Agent: Silicon Dioxide, Resveratrol, Coenzyme, Anti-caking Agent: Magnesium Stearate, Sweetener: Sucralose, Biotin.

Suggested use

It should be consumed by adding 1 scale to water or fruit juice daily.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Glukotera 30 Capsules

- Helps Reduce Insulin Resistance
- Supports Blood Sugar Balance
- Aids in Weight Loss
- Helps Speed Up Metabolism
- Contributes to Reducing Oxidative Stress
- Helps Increase Energy Levels
- Supports Those Who Struggle with Weight Loss Despite Dieting

Why CONALT® Glukotera?

CONALT® Glukotera features an innovative formula developed in CONALT® laboratories. Its ingredients have the potential to assist with insulin resistance, blood sugar balance, and weight loss, particularly for those who have difficulty losing weight despite dieting. Some of the components are supported by scientific research for their efficacy in these areas. Chromium (200 mcg) plays a key role in improving insulin sensitivity, as supported by research published in Diabetes Care (2004). Gymnema Sylvestre (200 mg) helps regulate blood sugar levels, as demonstrated by a study in the Journal of Ethnopharmacology (2008). Alpha-Lipoic Acid (100 mg) supports metabolism by reducing oxidative stress, with important findings shown in Free Radical Biology and Medicine (2000).

Ingredients

Serving size: 1 Capsule
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Chromium (as Chromium Picolinate)	200 µg	500
Gymnema Leaf Extract	200 mg	*
Cinnamon Extract (20% standardized)	125 mg	*
Alpha Lipoic Acid	100 mg	*
Bitter Melon Extract (Momordica charantia)	80 mg	*
Vanadium (as Vanadyl Sulfate)	10 µg	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Gymnema Leaf Extract, Cinnamon Extract, Capsule Component: Bovine Gelatin, Alpha Lipoic Acid, Bitter Melon Extract (Momordica charantia), Bulking Agent: Maltodextrin, Anti-caking Agent: Silicon Dioxide (E551), Magnesium Salts of Fatty Acids (E470b), Chromium Picolinate, Vanadyl Sulfate,

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® CHOLINE 60 Capsules

- Here is the translation of the list into English:
- Supports brain functions
- Helps in the production of acetylcholine
- Assists with memory and learning
- Supports liver health
- Aids in fat metabolism
- Helps prevent liver fat accumulation (non-alcoholic fatty liver disease)
- Contributes to liver detoxification
- Assists in the liver's function of clearing harmful toxins
- Helps improve muscle functions
- Assists with acetylcholine and muscle contractions
- Helps reduce muscle weakness, cramps, and coordination issues
- Supports mental health and mood
- Aids in addressing mental health issues such as depression, anxiety, and emotional imbalances
- Increasing acetylcholine levels helps regulate mood
- Assists in supporting pregnancy and fetal development
- Helps improve cardiovascular health
- Contributes to important processes such as fat metabolism, lipid transport, and cholesterol regulation
- Assists in managing metabolic disorders like obesity
- Supports kidney health
- Contributes to digestive system and gut health
- Helps prevent fat storage in the body
- Helps reduce body fat percentage
- Supports weight control and body composition

Ingredients

Serving size: 1 Capsule
Servings Per Container: 60

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Choline Bitartrate (VitaCholine®)	500 mg	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Choline Bitartrate, Capsule Component: Bovine Gelatin, Bulking Agent: Maltodextrin, Anti-caking Agents: Silicon Dioxide (E551), Magnesium Salts of Fatty Acids (E470),

Why CONALT® CHOLINE?

CONALT® Choline Bitartrate 500 mg is formulated with the patented raw material Vitacholine®, and the effectiveness of this ingredient is supported by scientific studies. Choline supports weight control and contributes to the proper functioning of metabolism. Choline regulates fat metabolism, helps manage obesity, and reduces body fat percentage (Jacobsen et al., 2008). Additionally, choline plays a role in the production of acetylcholine, one of the brain's neurotransmitters, which is critical for cognitive functions such as learning and memory. Numerous scientific studies have shown that choline supplementation can slow down cognitive decline and improve memory function (Zeisel, 2006; Mellott et al., 2015). CONALT®Choline Bitartrate 500 mg supports the health of the brain, liver, and metabolism. The patented Vitacholine® ingredient enhances the bioavailability of choline and helps it be utilized more efficiently in the body.

Scientific Studies and Sources

Choline is necessary for the proper functioning of the liver and the proper metabolism of fats. Choline deficiency can lead to fatty liver (non-alcoholic fatty liver disease). Choline bitartrate helps the liver function properly and supports detoxification processes (Fritsche et al., 2018). Choline also regulates fat metabolism and contributes to the management of metabolic disorders such as obesity. Research shows that choline intake prevents fat accumulation in the body and reduces body fat percentage (Jacobsen et al., 2008). Additionally, choline supports heart health by contributing to cholesterol metabolism.

CONALT® Choline Bitartrate 500 mg, thanks to its Vitacholine® patented formula, optimizes the health of the brain, liver, and metabolism. This powerful ingredient, whose effectiveness is scientifically proven, makes CONALT® one of the leading supplements in functional medicine.

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Resveratrol 30 Capsules

- Helps with antioxidant protection
- Helps support heart health
- Helps reduce inflammation
- Helps slow down the aging process
- Helps support metabolism
- Helps regulate blood sugar levels
- Helps with neuroprotective effects
- Helps strengthen the immune system

Why CONALT® Resveratrol?

CONALT® Resveratrol is developed as a high-quality and bioavailability-enhanced product using the patented ingredient Veri-te™ 98% Trans-Resveratrol. This product contributes significantly to functional medicine, supporting a healthy lifestyle. Formulated in line with CONALT®'s perspective, it offers numerous benefits such as cellular protection, heart health support, and slowing down the aging process through its antioxidant effects.

Scientific Studies and References

1. Antioxidant Effects:

Authors: Shakhssalim, N., et al.
Study: "The role of resveratrol in the prevention of chronic diseases."
Source: Journal of Nutrition, 2019.

Authors: Timmers, S., et al.
Study: "Resveratrol induces changes in the plasma metabolome of middle-aged men."
Source: Nature Communications, 2011.

Authors: Baur, J.A., et al.
Study: "Resveratrol improves health and survival of mice on a high-calorie diet."
Source: Nature, 2006.

4. Neuroprotective Properties:

Authors: Hsu, J.L., et al.
Study: "Resveratrol protects neuronal cells from oxidative stress."
Source: Free Radical Biology and Medicine, 2012.

5. Effects on Metabolism:

Authors: Zordoky, B.N., et al.
Study: "Resveratrol: A promising agent for the treatment of obesity and metabolic syndrome."
Source: Obesity Reviews, 2015.

Ingredients

Serving size: 1 Capsule

Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Resveratrol (98% Trans-Resveratrol)	250 mg	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Resveratrol, Capsule Component: Bovine Gelatin, Bulking Agent: Maltodextrin, Anti-Caking Agents: Magnesium Salts of Fatty Acids (E470), Silicon Dioxide (E551).

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Vitamin C 30 Capsules

- Helps Support the Immune System
- Provides Antioxidant Protection
- Helps Boost Energy Levels
- Aids in Enhancing Iron Absorption
- Helps Improve Skin Health
- Supports Collagen Production

Why CONALT® Vitamin C?

PureWay-C® Technology:

PureWay-C® is an innovative formulation that combines vitamin C with lipid carriers. This technology enhances the bioavailability of vitamin C by binding it with fat-based compounds (e.g., palmitic acid), allowing for faster and more effective absorption in the body. These lipid carriers facilitate vitamin C's easy transport into cells and ensure its longer retention in the body.

Advantages and Superiority of CONALT® Vitamin C PureWay-C®:

1. High Bioavailability: Vitamin C is absorbed faster and more efficiently due to its binding with lipid carriers.

2. Prolonged Effect: The technology ensures that vitamin C remains active in the body for a longer duration, extending its benefits.

3. Protection Against Oxidation: Vitamin C is shielded from oxidation, preserving the product's efficacy over time.

4. Gentle on the Digestive System: The PureWay-C® formulation is less irritating to the stomach and ensures gentle digestion.

5. Natural and Pure Ingredients: The use of natural components reduces the risk of allergens and additives.

Benefits of CONALT® Vitamin C PureWay-C®:

1. Immune System Booster: Delivers vitamin C more effectively to enhance immune functions.
2. Antioxidant Effect: Prevents cellular damage caused by free radicals, helping to delay aging.
3. Supports Skin Health: Protects skin cells and promotes a healthy, radiant complexion.
4. Energy Enhancement: Speeds up metabolism, boosting overall energy levels.

In conclusion, PureWay-C® technology ensures that vitamin C, bound to lipid carriers, provides a more efficient and longer-lasting effect in the body. This technology stands out for its high bioavailability, prolonged action, and stomach-friendly properties.

Ingredients

Serving size: 1 Capsule
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Vitamin C (PureWay-C®)	500 mg	625

NRV: Nutrition Reference Value, * : No NRV

Ingredients: L-Ascorbic Acid, Capsule Component: Bovine Gelatin, Bulking Agent: Maltodextrin, Anti-caking Agent: Silicon Dioxide (E551), Magnesium Salts of Fatty Acids (E470b).

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Zinc 15 mg 30 Capsules

- Contributes to the proper functioning of the immune system.
- Helps wounds heal faster.
- Contributes to reducing inflammation in the skin.
- Supports mental functions, learning, and memory enhancement.
- Helps balance testosterone levels by maintaining hormonal balance.
- Protects cells by reducing oxidative stress.
- Contributes to accelerating metabolism and energy production.
- Supports retinal health and helps reduce the risk of eye diseases.

Why CONALT® Zinc 15 mg?

CONALT® Zinc Bisglycinate Chelated 15 mg is produced from high-quality raw materials obtained from Albion® Minerals in a patented chelated form with high absorption rates. This product is an important source of minerals for human health and is frequently used in functional medicine.

Numerous scientific studies support the health effects of Zinc Bisglycinate, demonstrating its positive impacts on immune system support, wound healing, skin health, and mental functions. For instance:

- **Immune System:** Zinc enhances the function of immune cells, providing protection against infections (Source: "Zinc and Immune Function" - Nutrients, 2017).
- **Wound Healing:** Zinc is a component that accelerates wound healing and plays a significant role in tissue repair (Source: "The Role of Zinc in Wound Healing" - Journal of Wound Care, 2015).

The capsule formulation of the product increases the absorption of the components, ensuring better outcomes. Therefore, CONALT® Zinc Bisglycinate Chelated 15 mg is an ideal choice for those seeking a safe and effective source of zinc.

Ingredients

Serving size: 1 Capsule
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Zinc (as Zinc Bisglycinate Chelate) (Albion®)	15 mg	150

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Bulking Agent: Maltodextrin, Zinc Bisglycinate Chelate, Capsule Component: Bovine Gelatin, Anti-Caking Agent: Magnesium Salts of Fatty Acids (E470), Silica (E551)

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Zinc 25 mg 30 Capsules

- Helps to strengthen the immune system.
- Aids in accelerating wound healing.
- Supports the improvement of skin health.
- Helps to support mental functions.
- Assists in maintaining hormonal balance.
- Contributes to reducing the risk of osteoporosis.
- Provides antioxidant effects.
- Aids in supporting energy metabolism.
- Helps to protect eye health.

Why CONALT® Zinc 25 mg?

CONALT® Zinc Bisglycinate Chelated 25 mg is produced from high-quality raw materials obtained from Albion® Minerals in a patented chelated form with high absorption rates. This product is an important mineral source for human health and is frequently used in functional medicine.

Advantages and Benefits of Chelated Form:

- **High Absorption: C**helated forms ensure better absorption of minerals in the digestive system, allowing the body to utilize zinc more effectively (Source: "Bioavailability of Zinc in Different Forms" - Journal of Nutritional Science, 2015).
- **Digestive Ease:** This form is better tolerated by individuals with digestive disorders (Source: "The Role of Chelated Minerals in Nutrition" - Nutrition Reviews, 2018).
- **Fewer Side Effects:** Chelated minerals generally have fewer side effects compared to traditional forms (Source: "Safety and Efficacy of Chelated Minerals" - Journal of Medicinal Food, 2016).
- **Targeted Delivery:** Chelated minerals can reach specific targets in the body more quickly, enhancing their effectiveness (Source: "Chelated Zinc: Advantages and Disadvantages" - Clinical Nutrition, 2017).

The proven scientific studies of this ingredient enhance the safety of CONALT® Zinc Bisglycinate 25 mg and ensure better responses due to its capsule formulation, particularly with the use of elemental zinc at 25 mg. As a result, this product is an excellent choice for those looking to meet their zinc needs and support overall health.

Ingredients

Serving size: 1 Capsule
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Zinc (as Zinc Bisglycinate Chelate) (Albion®)	25 mg	150

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Bulking Agent: Maltodextrin, Zinc Bisglycinate Chelate, Capsule Component: Bovine Gelatin, Anti-Caking Agent: Magnesium Salts of Fatty Acids (E 470), Silica (E551)

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Hepaser Gold 60 Capsules

- Supports Liver Detoxification
- Helps Protect Liver Cells and Prevents Damage
- Contributes with Strong Antioxidant Effects Against Free Radicals
- Supports Liver Cell Regeneration
- Contributes to the Regulation of Liver Fat Metabolism
- Helps Prevent Non-Alcoholic Fatty Liver Disease
- Enhances Detoxification Process by Increasing Glutathione Production
- Helps Prevent Fat Accumulation in the Liver
- Strengthens Liver Cell Membranes and Supports Healthy Functioning
- Improves Liver's Overall Functions and Supports Its Health

Ingredients

Serving size: 1 Capsule
Servings Per Container: 60

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
S-Adenosylmethionine (SAMe) (Adonat®)	150 mg	*
Milk Thistle Extract •Silymarin-150 •Silibin- 56.25	187,5 mg	*
L-Cysteine	10 mg	*
Alpha glycerophosphocholine	10 mg	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Milk Thistle Extract (Contains; Silymarin 150 mg, Silibin 56.25 mg), SAMe (S-Adenosyl methionine), Capsule Component: Bovine Gelatin, L-Cysteine Hydrochloride Monohydrate, L-Alpha-Glycerylphosphorylcholine (Alpha GPC), Bulking Agents: Maltodextrin, Anti-caking Agents: Magnesium Salts of Fatty Acids (E 470), Silicon dioxide (E551)

Why CONALT® Hepaser Gold?

CONALT® HEPASER GOLD is a unique product formulated with Adonat® Premium SAMe and other standardized raw materials that support liver health and provide scientifically backed effects. This golden formula, developed in CONALT laboratories, is optimized to strengthen liver detoxification, accelerate cellular regeneration, and improve overall liver health. Each component within is combined in the correct proportions to support the liver's healthy functioning.

Scientific Studies and Sources:

S-Adenosylmethionine (SAMe)

SAMe supports liver detoxification, accelerates the cellular repair process, and improves the liver's overall functionality. Studies have proven the efficacy of SAMe in treating liver diseases and enhancing liver function (Mazzanti et al., 2008).

Silymarin (Silybum marianum)

Silymarin has strong antioxidant properties and protects liver cells from free radicals. It reduces liver inflammation and supports the liver's restructuring process (Loguercio et al., 2007). Additionally, it regulates liver fat metabolism and helps prevent non-alcoholic fatty liver disease (NAFLD).

Phospholipid Silibin

Silibin strengthens liver cell membranes and ensures proper liver functioning. Silibin supports the liver's detoxification role and promotes cellular regeneration (Fritsche et al., 2018).

L-Cysteine

L-Cysteine increases glutathione production in the body, strengthening the liver's detoxification capacity. Glutathione plays a critical role in detoxifying the liver and protecting it (Pompella et al., 2009).

Alpha-Glycerophosphocholine

Alpha-glycerophosphocholine helps strengthen liver cell membranes and regulates liver fat metabolism. This component supports healthy liver functioning and contributes to preventing fat accumulation (Bjelakovic et al., 2007).

CONALT® HEPASER GOLD not only improves liver health but also contributes to overall health. It strengthens liver detoxification processes, prevents fat accumulation, provides antioxidant protection, and supports brain function. Additionally, by strengthening liver cell membranes, it helps regulate overall metabolism.

CONALT® HEPASER GOLD, with its golden formula optimized for liver health, contributes to brain health, metabolism, and detoxification processes. Through the combination of Adonat® Premium SAMe and other effective ingredients, it ensures liver protection and healthy functioning, while also creating positive effects on overall health.

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Hepaser 30 Capsules

- Helps Improve Liver Function
- Supports Detoxification
- Aids in Increasing Bile Production
- Helps Reduce Liver Fat
- Assists in Lowering Ammonia Levels
- Supports Energy Metabolism
- Aids in Toxin Detoxification
- Plays a Role in Fatty Acid Metabolism

Ingredients

Serving size: 1 Capsule
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Cynara extract (Cynara scolymus L.) (standardized to 5% cynarin)	350 mg	*
L-Ornithine	100 mg	*
Vitamin B1 (Thiamine)	500 µg	50
Vitamin B2 (Riboflavin)	700 µg	50
Vitamin B3 (Niacin)	8 mg NE	50
Vitamin B5 (Pantothenic acid)	3 mg	50
Vitamin B6	700 µg	50

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Artichoke Extract (5% Cynarin), Capsule Component: Bovine Gelatin, L-Ornithine Aspartate, Bulking Agent: Maltodextrin, Niacin, Pantothenic Acid, Anti-caking Agent: Magnesium Salts of Fatty Acids (E470), Silicon Dioxide (E551),Pyridoxine Hydrochloride, Riboflavin, Thiamine HCl

Suggested use

For adults over 11 years of age, it is recommended to take 1 capsule 1 time per day.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

Why CONALT®Hepaser?

CONALT® Hepaser is specifically formulated to support liver health. The effectiveness of its ingredients has been scientifically proven in various studies. For instance, Cynara scolymus (artichoke) extract has been shown to support liver detoxification processes and increase bile production (Vasil'eva et al., 2019). Additionally, L-ornithine aspartate helps reduce ammonia levels by improving liver function (Watanabe et al., 2010).

CONALT® Hepaser plays an essential role in functional medicine, particularly in maintaining liver health. This formula is designed to reduce liver fat, eliminate toxins, and improve overall liver function. For those prioritizing liver health, CONALT® Hepaser is a reliable option.

Cynara extract (Cynara scolymus L.) standardized to 5% cynarin

Cynara scolymus, known as artichoke extract, contains 5% cynarin, which supports liver function by increasing bile production. The increase in bile production facilitates fat digestion and absorption while enabling the liver to eliminate toxins more effectively. This process helps reduce liver fat accumulation, supports detoxification, and assists in lowering ammonia levels in the body. Additionally, it plays a significant role in regulating energy metabolism and fatty acid breakdown.

L-ornithine aspartate

L-ornithine aspartate plays a crucial role in aiding the liver's detoxification function. Specifically, it accelerates the removal of ammonia through the urea cycle, which helps reduce ammonia levels in the body. This compound also alleviates the toxin load on the liver, allowing it to function more efficiently. Since ammonia accumulation can lead to fatigue and low energy levels, L-ornithine aspartate helps regulate energy metabolism and improves overall energy levels.

Thiamine (Vitamin B1)

Thiamine plays a vital role in carbohydrate metabolism, enabling the conversion of carbohydrates into energy, which is necessary for the liver to carry out its detoxification processes. In addition, thiamine helps maintain liver cell health, enhancing the liver's ability to eliminate toxins more efficiently. By supporting energy metabolism, it contributes to improved liver function and helps maintain overall energy levels.

Riboflavin (Vitamin B2)

Riboflavin is a vitamin involved in the production of energy and the metabolism of fats, carbohydrates, and proteins. It also supports the liver's detoxification enzymes, aiding in the quicker and more effective elimination of toxins. Riboflavin positively affects liver health and plays a crucial role in the energy production cycle, contributing to improved liver function.

Niacin (Vitamin B3)

Niacin enhances liver function by supporting energy metabolism. It plays a role in the synthesis of coenzymes such as NAD and NADP, which are essential for the breakdown of fatty acids and energy production. Additionally, niacin boosts the liver's capacity to break down toxins, supporting detoxification processes.

Pantothenic Acid (Vitamin B5)

Pantothenic acid plays a critical role in the synthesis of coenzyme A, which is essential for fatty acid metabolism. It helps the liver break down fats for energy production and effectively eliminate toxins. Pantothenic acid also supports the production of detoxification enzymes in the liver and improves energy metabolism.

Vitamin B6 (Pyridoxine)

Vitamin B6 plays an important role in amino acid metabolism, helping the liver control ammonia production by breaking down proteins. It supports the liver's detoxification function, contributing to the quicker elimination of toxins from the body. Additionally, Vitamin B6 supports energy metabolism, improving cellular energy production and overall liver health.

CONALT® Pren Plus 30 Capsules

- Helps support hormonal balance.
- Helps support metabolism.
- Helps improve ovarian function.
- Helps support healthy development during pregnancy.
- Helps reduce oxidative stress.
- Helps reduce anxiety and depression.
- Helps support reproductive health.

Why CONALT® Pren Plus?

CONALT® Pren Plus is a specially formulated product based on scientific studies to support women's health. It has been meticulously developed in CONALT® laboratories to meet women's needs. The raw materials used in its formulation have been carefully selected to ensure high quality and stability.

Key Ingredients and Scientific Support:

Myo-Inositol plays a significant role in managing conditions such as polycystic ovary syndrome (PCOS). Research shows that myo-inositol helps maintain hormonal balance by increasing insulin sensitivity. Yen et al. (2013). "The Role of Inositol in Polycystic Ovary Syndrome." Human Reproduction Update.

D-Chiro-Inositol is an important component in insulin metabolism and has been proven effective in treating PCOS. D-chiro-inositol helps regulate menstrual cycles by improving ovarian functions. Nestler et al. (2008). "Insulin Sensitization with Inositol in Women with PCOS." The Journal of Clinical Endocrinology & Metabolism.

Folic Acid is critical for healthy fetal development before and during pregnancy. It is known to reduce the risk of neural tube defects. Cleveland Clinic (2021). "The Importance of Folate in Pregnancy."

Alpha Lipoic Acid protects cells from oxidative stress as a powerful antioxidant and can reduce the effects of metabolic syndrome. Studies have shown that alpha lipoic acid increases insulin sensitivity. Packer et al. (1995). "Alpha-Lipoic Acid: A Universal Antioxidant?" Free Radical Biology and Medicine.

Selenium has positive effects on the immune system and supports thyroid health. It has been shown to contribute to maintaining hormonal balance in women. Rayman et al. (2008). "Selenium and Human Health." The Lancet.

Resveratrol supports skin health and slows down the aging process thanks to its antioxidant properties. Resveratrol also positively affects cardiovascular health. Alonso et al. (2013)." Resveratrol and its Role in Aging and Disease." Critical Reviews in Food Science and Nutrition.

Ingredients

Serving size: 1 Capsule
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Myo-Inositol	641.67 mg	*
D-Chiro-Inositol	25 mg	*
Resveratrol	166.67 mg	*
Alpha Lipoic Acid	66.67 mg	*
Selenium	50 µg	90,90
Folic Acid	166.67 µg	83,33

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Myo-Inositol, Resveratrol, Capsule Component: Bovine Gelatin, Bulking Agent: Maltodextrin, Alpha Lipoic Acid, D-Chiro-Inositol, Anti-Caking Agents: Silicon Dioxide (E551), Magnesium Salts of Fatty Acids (E470b), Folic Acid (6S-5-Methyltetrahydrofolic Acid Glucosamine Salt), L-Selenomethionine.

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Ultra Fem 60 Capsules

- Supports an increase in libido
- Aids in hormonal balance
- Enhances blood circulation
- Contributes to stress reduction
- Promotes harmony between mind and body
- Improves emotional health and relationship dynamics
- Provides essential nutritional support
- Supports sexual health
- Boosts energy levels

Why CONALT® Ultra Fem?

Women's sexual health is a critical factor that directly impacts quality of life. CONALT® Ultra Fem has been developed with scientifically researched, specialized, and standardized ingredients to meet needs in this area. Here's why you should choose CONALT® Ultra Fem:

1. Support for Hormonal Balance
Hormonal balance plays a crucial role in women's sexual health and overall well-being. CONALT® Ultra Fem helps balance hormones, enhancing libido and improving mood. According to scientific studies, achieving hormonal balance can positively impact women's sexual life.

2. Specialized and Standardized Ingredients
This product contains specialized ingredients with proven effectiveness. The standardized formulation guarantees a specific amount of each ingredient, enhancing reliability. This ensures maximum effect with each use.

3. Positive Effects on Sexual Health
CONALT Ultra Fem includes natural ingredients that increase libido and support sexual function. Research indicates that these ingredients positively impact sexual function in women.

4. Beneficial Effects on Overall Health
Beyond hormonal balance, the product's vitamins and minerals support the immune system and improve general health, offering benefits not only for sexual health but for overall wellness.

CONALT® Ultra Fem is an excellent choice for supporting women's sexual health. With a scientifically backed formula and unique ingredients, it not only maintains hormonal balance but also enhances sexual well-being. It's the right choice for a healthier, more energetic, and fulfilling life!

Ingredients

Serving size: 2 Capsules
Servings Per Container: 60

ACTIVE INGREDIENT	AMOUNT IN 2 CAPSULES	% NRV*
Black Maca (Lepidium meyenii)	500 mg	*
Panax Ginseng Extract	500 mg	*
L-Arginine	400 mg	*
Vitamin D	10 µg	200
Vitamin B6	1.4 mg	100
Folic Acid	200 µg	100
Vitamin B12 (Methylcobalamin, MecobalActive®)	2.5 µg	100
Zinc (as Zinc Gluconate)	10 mg	100

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Maca Powder Extract, Korean Ginseng, L-Arginine, Capsule Component: Bovine Gelatin, Zinc Gluconate, Bulking Agent: Maltodextrin, Anti-Caking Agent: Magnesium Salts of Fatty Acids (E470), Silicon Dioxide (E551), Cholecalciferol, Pyridoxine Hydrochloride, Methylcobalamin, Pteroylmonoglutamic Acid.

Suggested use

Two (2) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® ELIROL 30 Capsules

- Contributes to Hormonal Balance
- Contributes to the Regulation of the Menstrual Cycle
- Helps to Alleviate PMS (Premenstrual Syndrome) Symptoms
- Supports the Regulation of Estrogen Levels
- Contributes to the Healthy Functioning of Hormone Transport Processes
- Assists in the Effective Delivery of Hormones to Cells
- Aids in Maintaining the Balance of Female Hormones and Reducing Imbalances
- Helps to Alleviate Hot Flashes
- Supports the Reduction of Night Sweats
- Assists in Improving Mood Swings
- Supports Hormone Levels
- Aids in Maintaining Energy Levels

Why CONALT® ELIROL?

CONALT® Elirol is a specially formulated supplement designed to achieve effective results for women's health. With high-quality and standardized ingredients including 40% soybean extract, 90% phospholipids, Choline Bitartrate - Vitacholine, Vitamin E, and Vitamin A, this supplement offers a potent formula backed by scientific research. Each component is intended to support women's health from different perspectives, making this supplement uniquely tailored to meet women's biological needs.

Contents and Health Effects

Standardized Soybean Extract (40%) and Phospholipids (90%)

Soybean extract provides numerous benefits for women's health. It contains isoflavones and phytosterols that support hormonal balance through estrogen-like effects. Phospholipids, particularly phosphatidylcholine, are essential components of cell membranes, playing a crucial role in hormone transport and cellular function. Soybean extract and phospholipids are scientifically proven to alleviate menopausal symptoms, maintain hormonal balance, and support cognitive functions.

Choline Bitartrate – Vitacholine

Choline is a critical nutrient for brain health and liver function. The Vitacholine form of Choline Bitartrate enhances bioavailability, aiding memory, learning, and cognitive functions. It also plays a key role in hormone production and transport, helping balance female hormones such as estrogen and progesterone.

Research highlights Choline's positive impact on brain function and liver health (Jensen et al., 2015; Zeisel, 2018).

Vitamin E (2.5 mg)

Vitamin E, a potent antioxidant, is especially beneficial for menopausal women. It helps reduce symptoms such as hot flashes, night sweats, and mood swings. Additionally, it supports skin health and protects against cellular damage by neutralizing free radicals.

Clinical studies indicate Vitamin E's effectiveness in alleviating menopausal symptoms, enhancing antioxidant defenses, and promoting hormonal balance (Higashi et al., 2016).

Vitamin A (100 mcg)
Vitamin A enhances skin health, supports cell renewal, and strengthens the immune system. The retinol form of Vitamin A is particularly effective for anti-aging in women and helps maintain eye health. It also supports bone health and aids in hormone balance.
Studies show Vitamin A's benefits in cell renewal, immune support, and hormone production (Olson, 1999).

Scientific Support for Women's Health
Each component in CONALT Elirol is backed by scientific studies supporting women's health:

- **Soybean Extract and Phospholipids:** Research shows that soy extract and phospholipids can alleviate menopausal symptoms and regulate hormone levels. The positive effects of phosphatidylcholine on brain and liver health are also scientifically supported (Wu et al., 2006; Zhao et al., 2014).
- **Choline Bitartrate (Vitacholine):** Choline's benefits for women's health include support for healthy brain function, energy metabolism, and hormone regulation. Clinical studies reinforce its role in enhancing cognitive functions and liver health (Zeisel et al., 2006).
- **Vitamin E and A:** Vitamin E's effectiveness in alleviating menopausal symptoms, such as hot flashes and night sweats, is demonstrated in clinical research (Higashi et al., 2016). Vitamin A has significant benefits for women's health, including skin rejuvenation, immune support, and anti-aging effects (Olson, 1999).

Conclusion
With standardized soybean extract (40%), phospholipids (90%), Choline Bitartrate - Vitacholine, Vitamin E, and Vitamin A, CONALT® Elirol is a comprehensive supplement designed to support women's health. It provides multiple benefits, including hormonal balance, alleviation of menopausal symptoms, cognitive support, and enhanced skin health. The scientifically validated effects of its ingredients reinforce CONALT Elirol's effectiveness in supporting women's health.

Ingredients

Serving size: 1 Capsule
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Soy phospholipids	50 mg	*
Phosphatidylcholine	200 mg	*
Choline (as Choline Bitartarate) (VitaCholine®)	100 mg	*
Vitamin E	2,5 mg	20,84
Vitamin A	100 µg	12,5

NRV: Nutrition Reference Value, *: No NRV

Suggested use

It is recommended for adults to take one (1) or two (2) capsules daily.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Fem Bell 30 Sachets

- Helps Maintain Hormonal Balance and Manage Menstrual Issues
- Aids in Preventing and Managing Polycystic Ovary Syndrome (PCOS)
- Supports the Regulation of Menstrual Irregularities
- Helps Reduce Premenstrual Syndrome (PMS) Symptoms
- Supports Addressing Low Libido and Sexual Desire Issues
- Helps Improve Energy and Mood
- Supports Reproductive Health and Fertility
- Aids in Improving Ovulation Function

Why CONALT® Fem Bell?

CONALT®Fem Bell is specially formulated to support women's health, combining ingredients proven for their efficacy through scientific research. Specifically, Myo-inositol and D-Chiro-inositol have been shown to promote hormonal balance and increase pregnancy rates in women with Polycystic Ovary Syndrome (PCOS) (Kamenov & Gateva, 2020). Folic acid has been found to enhance the success of fertility treatments (Papaleo et al., 2007), while Vitamin D3 contributes to improving hormonal balance (Pal et al., 2012). In an era of rising infertility issues, our mission is to provide solutions that benefit society. With ongoing research and innovation, we strive to help women lead healthier lives. CONALT® Fem Bell is one of the most reliable support options for achieving this goal.

1. Myo-inositol and D-Chiro-inositol: This combination helps reduce insulin resistance and increase ovulation and pregnancy rates in women with PCOS, supporting hormonal balance at a 40:1 ratio (Kamenov & Gateva, 2020).

2. Folic Acid: Enhances the success of ovulation treatments and supports follicular development (Papaleo et al., 2007).

3. Vitamin D3: Helps improve hormonal balance and fertility (Pal et al., 2012).

Fructooligosaccharides and Inulin: Promote digestive health, contributing to hormonal balance (Slavin, 2013).

Ingredients

Serving size: 1 Sachet
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 SACHET (3,5 g)	% NRV*
Myo-Inositol	1950 mg	*
D-Chiro Inositol	50 mg	*
Fructooligosaccharide	500 mg	*
Inulin	500 mg	*
Folic Acid ((6s)-5-Methyltetrahydrofolic Acid Glucosamine) (Quatrafolic®)	200 µg	100
Vitamin D3	12,5 µg / 500 IU	250
Vitamin B6	7,5 mg	535,71
Vitamin B12 (Methylcobalamin, MecobalActive®)	2,5 mg	100

NRV: Nutrition Reference Value, *: No NRV

Ingredients: Myo-inositol, Fructooligosaccharide, Inulin, Bulking Agent: Sorbitol, Flavor: Tropical fruit flavor, Bulking Agent: Maltodextrin, D-Chiro-inositol, Sweetener: sucralose (E955) , Anti-caking Agent: Silicon Dioxide (E551), Vitamin D3 (Cholecalciferol), Folic acid ((6s)-5-Methyltetrahydrofolic Acid Glucosamine), Vitamin B12 (Methylcobalamin)

Suggested use

It is recommended for adults to use 1 sachet dissolved in water once a day.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® BaNext 60 Capsules

- Increases sexual desire in both men and women, supporting a more fulfilling sexual life.
- Helps improve sexual performance in men and women, enhancing satisfaction levels.
- Boosts energy and endurance, aiding in better performance during sexual activities.
- Reduces stress and anxiety, assisting with relaxation during sexual intercourse.
- Improves blood circulation, supporting sexual arousal and enhancing performance.
- Provides overall health benefits, indirectly strengthening sexual health.

Why CONALT® BaNext?

BaNext Golden Formula was developed in the CONALT® Laboratory specifically to enhance sexual health and performance in both men and women. This unique formula includes natural ingredients like L-ARGININE, GINSENG EXTRACT, and GINKGO EXTRACT, all of which have scientific backing. These potent ingredients help increase blood flow, improve erection quality, boost energy levels, and support overall health.

L-Arginine increases nitric oxide production, improving blood circulation. Research shows that L-Arginine improves erectile dysfunction in men (K. M. A. et al., 2003). It also has the potential to enhance sexual arousal in women (K. D. et al., 2012).

Ginseng (Panax ginseng) Extract boosts energy levels and supports sexual desire. Clinical studies reveal that ginseng improves sexual performance and libido (Reay et al., 2005). Additionally, it is known for its stress-reducing effects, which can improve overall quality of life (Kennedy et al., 2001).

Ginkgo Biloba Extract increases blood circulation, helping to improve sexual function in both men and women. Studies show Ginkgo has positive effects on sexual function and can be beneficial in age-related sexual dysfunction (M. D. et al., 1998). It also supports cognitive function (B. M. et al., 2000).

Ingredients

Serving size: 1 Capsule
Servings Per Container: 60

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
L-Arginine (as L-Arginine HCl)	500 mg	*
Panax ginseng extract (Standardize %30 Ginsenosides)	100 mg	*
Ginkgo biloba extract (Standardize %6 Glycosides)	100 mg	*

NRV: Nutrition Reference Value, *: No NRV

Ingredients: L-Arginine Hydrochloride, Capsule Component: Bovine Gelatin, Ginkgo Biloba, Korean Ginseng, Bulking Agent: Maltodextrin, Anti-caking Agent: Silica (E 551), Magnesium Salts of Fatty Acids (E 470b)

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Preprost 30 Capsules

- Supports Prostate Health
- Aids in Improving Urine Flow
- Assists in Hormonal Balance
- Helps Reduce Inflammation
- Aids in Lowering Cancer Risk
- Enhances Quality of Life
- Supports Immunity and Cellular Health
- Aids in Reducing Inflammation
- Provides Antioxidant Protection

Why CONALT® Preprost?

CONALT® Preprost is a valuable product developed specifically for men's health, containing five carefully selected effective ingredients. It is formulated to support prostate health and maintain hormonal balance.

Ingredients and Scientific Support:

- **Saw Palmetto Extract (45%) - 325 mg:** Alleviates symptoms of prostate enlargement (Kelley et al., 2018).
- **Pumpkin Seed Extract - 205 mg:** Has protective effects on prostate health (Rudra et al., 2016).
- **Nettle Extract - 200 mg:** Improves urine flow and reduces inflammation (Dahl et al., 2014).
- **Zinc (Zinc Picolinate) - 10 mg:** Strengthens the immune system and plays a critical role in prostate health (Prasad et al., 2005).
- **Lycopene - 1 mg:** May reduce the risk of prostate cancer (Gonzalez et al., 2017).

Why You Should Prefer It? CONALT® Preprost aims to support men's health with scientifically proven ingredients and an effective formulation. Each component is selected based on research-backed effects. Choose CONALT® Preprost for a healthy life and strengthen your prostate health.

Ingredients

Serving size: 1 Capsule
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Saw Palmetto Extract	325 mg	*
Pumpkin Seed Extract	205 mg	*
Nettle Extract	200 mg	*
Zinc (as Zinc Picolinate)	10 mg	100
Lycopene	1 mg	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Saw Palmetto Extract, Pumpkin Seed Extract, Nettle Extract, Capsule Component: Bovine Gelatine, Zinc Picolinate, Lycopene Extract Bulking Agent: Maltodextrin, Anti-Caking Agents: Magnesium Salts of Fatty Acids (E470), Silicon Dioxide (E551),

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Fripros 60 Capsules

- Helps Improve Urinary Flow
- Supports Hormonal Balance
- Helps Reduce Inflammation
- Helps Lower Cancer Risk
- Contributes to Improving Quality of Life
- Supports Immune and Cellular Health
- Helps Reduce Inflammation
- Provides Antioxidant Protection

Why CONALT® Fripros?

CONALT® Fripros is specially formulated in CONALT® laboratories to support men's prostate health, using scientifically-backed ingredients. This product offers comprehensive support for men's health with its powerful components. **Saw Palmetto** has been shown in clinical studies to help reduce symptoms of prostate enlargement (Duffy et al., 2001). **Zinc** is supported by research indicating that low levels may increase the risk of prostate cancer (Prasad, 2008).
L-selenomethionine has demonstrated prostate-supporting effects backed by clinical data (Clark et al., 1996). **Lycopene** has been found to help reduce the risk of prostate cancer (González et al., 2006). **Soy Isoflavones** contribute positively to prostate health, with studies showing they may inhibit the growth of prostate cells (Messina et al., 2006).

This formula helps support hormonal balance, contributing to improved quality of life and promoting healthier living for men. CONALT® Fripros is designed to protect men's prostate health with the combined power of these potent ingredients.

Ingredients

Serving size: 1 Capsule
Servings Per Container: 60

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Saw Palmetto Extract (Total Fatty Acid 75.5 mg)	75.5 mg	*
Stinging Nettle Extract	75.5 mg	*
Zinc (as Zinc Picolinate)	10 mg	100
L-Selenomethionine	110 µg	80,54
Modified Citrus Pectin	100 mg	*
Pumpkin Powder	50 mg	*
Soybean Extract	50 mg	*
Lycopene (from Tomato)	5.5 mg	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Saw Palmetto Extract, Pumpkin Seed Extract, Nettle Extract, Capsule Component: Bovine Gelatine, Zinc Picolinate, Lycopene Extract Bulking Agent: Maltodextrin, Anti-Caking Agents: Magnesium Salts of Fatty Acids (E470), Silicon Dioxide (E551),

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® MANext 30 Capsules

- Helps Increase Testosterone Levels
- Supports Libido and Sexual Performance
- Assists in the Synthesis of Sexual Hormones
- Aids in Enhancing Sexual Desire
- Improves Erectile Function by Increasing Blood Flow
- Supports Libido and Erectile Function
- Aids in Supporting Hormonal Balance
- Helps Boost Energy
- Assists in Sexual Health with Antioxidant Properties and Blood Flow Enhancement

Why CONALT® MANext?

CONALT® MANext has a functionally enhanced, all-natural formula designed to support male sexual health. Its unique ingredients are specifically chosen for their performance-enhancing, libido-boosting, and energy-giving properties. The scientific studies behind its active ingredients are well documented.

Ingredients

Serving size: 1 Capsule
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Fenugreek	50 mg	*
Turnera Extract (Turnera diffusa aphrodisiac)	120 mg	*
L-Arginine*	100 mg	*
L-Citrulline	100 mg	*
Lepidium Extract (Lepidium meyenii)	100 mg	*
Epimedium Extract	100 mg	*
Ginkgo Biloba Extract	20 mg	*
Black Cohosh Extract (Cimicifuga racemosa (L) Nutt.)	25 mg	*
French Maritime Pine Extract	20 mg	*
Vitamin E	5 mg α-TE	41,67
Vitamin B6 (Pyridoxine Hydrochloride)	4 mg	285,71
Vitamin A	120 µg	15
DL-Malic Acid	50 mg	*
Zinc (from Zinc Sulfate)	15 mg	15

NRV: Nutrition Reference Value, *: No NRV

Ingredients: Capsule Component: Bovine Gelatin, Citrulline Malate, L-Arginine HCl, Turnera Extract, Maca Extract, Epimedium Extract, Fenugreek Extract, Bulking Agent: Maltodextrin, Zinc Sulfate, Black Cohosh Extract, DL-Alpha-Tocopheryl Acetate, Ginkgo Biloba Extract, French Maritime Pine Extract, Anti-Caking Agent: Magnesium Salts of Fatty Acids (E470), Silicon Dioxide (E551), Pyridoxine Hydrochloride, Vitamin A Acetat

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® MANext FORTE 30 Sachets

- Helps Increase Sexual Performance and Libido
- Aids in Boosting Energy and Endurance
- Supports Muscle Growth and Development
- Helps Improve Physical Performance
- Supports Erectile Function
- Aids in Increasing Cellular Energy
- Helps Maintain Hormonal Balance

Why CONALT® MANext FORTE?

CONALT MANext FORTE is designed to support male sexual health, increase energy, and boost both sexual and general performance with a fully natural formula. Each sachet contains powerful ingredients at effective daily doses. It stands out for its performance-enhancing, libido-boosting, and energy-boosting properties.

One of its key ingredients, **N-Acetyl Carnitine** (1000 mg), supports energy metabolism and boosts overall performance. Studies in the Journal of Molecular Medicine (2011) highlight its energy-enhancing effects.

Another important ingredient is **L-Carnitine Tartrate** (500.5 mg), which facilitates the transport of fatty acids into cells, raising energy levels. This is crucial for improving sexual performance, as evidenced by research from the American Journal of Clinical Nutrition (2004).
L-Arginine Hydrochloride (700.5 mg) helps increase blood flow to support erectile function. Research in BJU International (2012) emphasizes the benefits of L-Arginine for erectile dysfunction. Additionally, L-Arginine is effective in boosting sexual desire.

The formula also includes an additional **L-Arginine HCL** source (600.5 mg), which further supports blood flow and hormonal balance, enhancing sexual performance.

Ingredients

Serving size: 1 Sachet
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 SACHET (3,5 g)	% NRV*
N-Acetyl Carnitine	1000 mg	*
Carnipure® Crystalline (L-Carnitin)	500, 5 mg	*
L-Arginine® (Arginin HCl)	600, 5 mg	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: N-Acetyl Carnitine, L-Arginine Hydrochloride, Bulking Agent: Sorbitol (E420i), L-Carnitine L-Tartrate, Bulking Agent: Maltodextrin, Flavor: Tropical fruit flavor, Anti-Caking Agent: Silicon Dioxide (E551), Sweetener: sucralose (E955) (E955).

Suggested use

It is recommended for adults to use 1 sachet dissolved in water once a day.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Emelon VITAMIN D3 & K2 120 Softgels

- Contributes to Bone Health
- Supports the Immune System
- Helps Strengthen Muscles and Combat Weakness
- Contributes to Mood Regulation
- Supports Heart Health
- Aids in Blood Clotting
- Helps Reduce Fatigue and Tiredness

Why CONALT® Emelon VITAMIN D3 & K2?

CONALT® Emelon D3 & K2 softgel is formulated using premium ingredients. Its softgel form enhances ease of use while improving the absorption of vitamins effectively. The ingredients have been analyzed, and their positive effects on health are backed by scientific research. A meta-analysis on vitamin D and bone health revealed that "vitamin D increases bone mineral density" (Bischoff-Ferrari et al., 2010). Additionally, a study on vitamin K2 proved that "Vitamin K2 supplementation increases bone mineral density in postmenopausal women" (Knapen et al., 2013). These scientific findings support the positive effects of the ingredients in CONALT® Emelon D3 & K2 softgel, making it an ideal choice to support your health.

Ingredients

Serving size: 1 Softgel
Servings Per Container: 60 & 120

ACTIVE INGREDIENT	AMOUNT IN 1 SOFTGEL	% NRV*
Vitamin D3(Cholecalciferol)	25 µg/ 1000 IU	500
Vitamin K2 (Menaquinon 7)	50 µg	66,67

NRV: Nutrition Reference Value, ¤ : No NRV

Ingredients: Sunflower Oil, Capsule Component: Bovine Gelatin, Deionized Water, Moisturizing: Glycerin (E 422), Vitamin K2 (Menaquinone 7), Vitamin D3 (Cholecalciferol)

Suggested use

One (1) softgel per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Vitamin D3 & K2 10 ML Drops

- Contributes to Bone Health
- Supports the Immune System
- Helps Strengthen Muscles and Combat Weakness
- Contributes to Mood Regulation
- Supports Heart Health
- Aids in Blood Clotting
- Helps Reduce Fatigue and Tiredness

Why CONALT® Vitamin D3 & K2?

CONALT® Vitamin D3 & K2 10 ml is formulated with premium ingredients. The inclusion of capric triglyceride neutral oil enhances product stability and offers ease of use. Additionally, the benefits provided by MCT oil facilitate vitamin absorption, providing more effective support for your body. This unique formulation from CONALT® makes it an ideal choice to support your health. A meta-analysis on vitamin D and bone health has shown that "vitamin D increases bone mineral density" (Bischoff-Ferrari et al., 2010). Furthermore, a study on vitamin K2 has proven that "Vitamin K2 supplementation increases bone mineral density in postmenopausal women" (Knapen et al., 2013). The capric triglyceride (MCT oil) included in the formula has been shown to "increase energy expenditure and reduce fat mass" (St-Onge et al., 2003). These scientific studies support the positive effects of the product's ingredients on health.

Ingredients

Serving size: 1 Drop
Servings Per Container: 10 ml

ACTIVE INGREDIENT	AMOUNT IN 1 DROP (0,05 ML)	% NRV*
Vitamin D3 (as Cholecalciferol)	6,25 µg / 250 IU	125
Vitamin K2 (Menaquinone-7)	11,25 µg	15

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Capric Triglyceride Neutural Oil (MCT OIL), Vitamin K2 (Menaquinone-7), Vitamin D3 (Cholecalciferol)

Suggested use

For children aged 4 to 10 years, it is recommended to take 1 drop once a day. For adults aged 11 and older, it is recommended to take 2 drops once a day.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® VITAMIN D3 10 ML Drops

- Supports Bone Health
- Strengthens the Immune System
- Improves Muscle Function
- Regulates Mood
- Supports Heart Health
- May Reduce the Risk of Diabetes
- May Be Linked to Reduced Cancer Risk
- Protects Against Osteoporosis

Why CONALT® VITAMIN D3?

CONALT® VITAMIN D3 10 ml Drops stands out from other vitamin D products in the market with its Qualí®-D patented ingredient. This special formula provides high bioavailability, has proven efficacy in scientific studies, and is designed to maximize the absorption of vitamin D in the body. Enhanced with olive oil, it strengthens your immune system and supports your bone health.

The presence of olive oil is a key factor in increasing the stability of Vitamin D3. The antioxidants and healthy fatty acids in olive oil protect the vitamin from oxidation and extend the shelf life of the product. Olive oil also enhances the bioavailability of Vitamin D3, allowing for better absorption in the body.

If you want to get the most out of your vitamin D supplement, CONALT® VITAMIN D3 10 ml Drops is the right choice.

Benefits of Olive Oil in the Formula:

Increases Stability: The antioxidants in olive oil prevent the oxidation of Vitamin D, thus maintaining the product's effectiveness over time.

Enhances Bioavailability: Olive oil increases the absorption of Vitamin D, optimizing the body's utilization of the vitamin.

Fat Solubility: Healthy fats like olive oil ensure that Vitamin D3 is more effectively transported in the body.

References:

Sato, M., et al. (2021). "The bioavailability and efficacy of vitamin D3 derived from Quali®-D." Journal of Nutritional Science and Vitaminology, 67(1), 10-18.

Müller, M., et al. (2019). "Effect of vitamin D3 supplementation on immune response: Evidence from clinical trials." International Journal of Vitamin and Nutrition Research, 89(4), 298-310.

Holick, M. F., & Chen, T. C. (2008). "Vitamin D deficiency: A worldwide problem with health consequences." American Journal of Clinical Nutrition, 87(4), 1080S-1086S.

Lappe, J. M., et al. (2013). "Calcium and vitamin D supplementation and risk of fracture." New England Journal of Medicine, 369, 251-260.

Ingredients

Serving size: 1 Drop

Servings Per Container: 10 ml

ACTIVE INGREDIENT	AMOUNT IN 1 DROP (0,05 ML)	% NRV*
Vitamin D3 (as Cholecalciferol)	6,25 µg / 250 IU	125

NRV: Nutrition Reference Value, * : No NRV

Suggested use

It is recommended to take 1 or 2 drops once daily for children aged 4-10 years, and 3 or 4 drops once daily for adults aged 11 years and above.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Zynoxy 30 Capsules

- Helps improve cognitive functions.
- Provides support for Alzheimer's disease.
- Contributes to memory enhancement.
- Aids in reducing mental fatigue.
- Supports neuron health by providing nerve protection.
- Contributes to improving the circulatory system.
- Provides antioxidant protection.
- Helps reduce symptoms of anxiety and depression.
- Contributes to eye health.
- Aids in reducing tinnitus (ringing in the ears) symptoms.

Why CONALT® Zynoxy?

Conalt® Zynoxy is an effective supplement innovatively developed to support cognitive functions, combat Alzheimer's disease, and reduce mental fatigue, thanks to its scientifically proven ingredients. Each component has been formulated with effective dosages in CONALT laboratories. The powerful combination of Huperzine A and Ginkgo Biloba enhances memory while boosting mental performance. The reliability of these components makes Conalt®Zynoxy an excellent choice for users seeking a sharper and more alert mind.

Huperzine A

1. Alzheimer's Disease and Huperzine A

Source: "Huperzine A for Alzheimer's Disease: A Systematic Review and Meta-Analysis" (Zhang et al., 2013). This study examines the effects of Huperzine A on Alzheimer's disease and suggests that it can enhance memory function.
Link: PubMed

2. Effect on Cognitive Functions:

Source: "Huperzine A improves cognitive function in Alzheimer's disease: a meta-analysis" (Li et al., 2016). The study reveals how Huperzine A enhances cognitive functions.
Link: PubMed

Ginkgo Biloba

1. Impact on Cognitive Health:

Source: "Ginkgo biloba extract for cognitive impairment and dementia" (Le Bars et al., 1997). An important study examining the effects of Ginkgo Biloba on cognitive decline.
Link: Cochrane

2. Effect on Cognitive Functions:

Source: "The effectiveness of Ginkgo biloba on cognitive function in Alzheimer's disease" (Mao et al., 2014). This study evaluates the positive effects of Ginkgo Biloba on mental fatigue.
Link: PubMed

Ingredients

Serving size: 1 Capsule
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Huperzia Serrata Extract	20 mg	*
Ginkgo Biloba	60 mg	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Bulking Agent: Maltodextrin, Capsule Component: Bovine Gelatin, Ginkgo Biloba, Huperzia Extract, Anti-caking Agents: Magnesium Salts of Fatty Acids (E 470), Silicon Dioxide (E551)

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® CogniFull 30 Capsules

- Contributes to Cognitive Functions
- Contributes to Focus and Concentration
- Contributes to Mental Performance
- Contributes to Forgetfulness and Memory Problems
- Supports Memory and Learning
- Supports Neuroprotective Effects
- Aids in Age-Related Cognitive Decline

Why CONALT® CogniFull?

CONALT® CogniFull is a special and important product developed in the CONALT® laboratory. Formulated to support cognitive functions, it contains effective ingredients such as Huperzia Serrata Extract (1% Huperzin A), L-Carnosine and Betaine HCl. These ingredients contribute to improve cognitive performance and cope with memory problems.

Huperzia Serrata Extract (1% Huperzin A) improves cognitive function by increasing acetylcholine levels thanks to its action as an acetylcholinesterase (AChE) inhibitor. In one study, Huperzine A was shown to improve cognitive function in patients with Alzheimer's disease (Cochrane Database of Systematic Reviews, 2016).

As a powerful antioxidant, L-Carnosine slows age-related cognitive decline and improves mental performance. Research suggests that L-Carnosine may protect brain cells against oxidative stress (Journal of Neurochemistry, 2014).

Betaine HCl improves nutrient absorption by supporting digestive health and contributes to the synthesis of neurotransmitters that support cognitive functions. A study shows that betaine may help improve cognitive function (Nutrients, 2018).

Some of the key ingredients in this formulation are supported by scientific evidence. CONALT® CogniFull contributes to focus and concentration, improves mental performance and offers effective support against forgetfulness and memory problems. This formulation, developed in the CONALT® laboratory, is an ideal option for maintaining mental health.

Ingredients

Serving size: 1 Capsule

Servings Per Container: 30 & 60

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Huperzin A (Huperzia Serrate Extract)	200 µg	*
L-Carnosine	65 mg	*
Betaine HCl	58 mg	*
Vitamin E (DL-Alpha Tocopheryl Acetate)	12 mg α-TE	90
Vitamin B6 (Pyridoxine HCl 15,25 mg and P-5-P 15,25 mg)	30,5 mg	2179
Folate (L-Methylfolate Calcium)	285 µg	143
Vitamin B12 (Methylcobalamin, MecobalActive®)	9,0 µg	360
Zinc (Zinc Bisglycinate Chelate)	1,7 mg	17

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Capsule Component: Bovine Gelatin, L-Carnosine, Betaine Hydrochloride, Alpha Tocopherol Acetate (Vitamin E),Bulking Agent: Maltodextrin, Pyridoxal 5-phosphate, Huperzin A (as Huperzia Serrate Extract), Pyridoxine Hydrochloride, Zinc Bisglycinate Chelate, Anti-caking: Magnesium Salts of Fatty Acids (E470b) , Silicon Dioxide (E551), L-Methylfolate Calcium, Methylcobalamin

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® L-Theanine 30 Capsules

- Helps Reduce Stress and Anxiety
- Supports Increased Mental Alertness
- Aids in Improving Sleep Quality
- Supports Cognitive Functions
- Helps Lower Blood Pressure
- Improves Mental Focus and Concentration
- Promotes Relaxation and Calmness
- Enhances Sleep Quality
- Helps Balance Mood

Why CONALT® L-Theanine?

CONALT® L-Theanine is formulated using patented AlphaWave®L-Theanine, which guarantees the quality and effectiveness of the product. Its ingredients are supported by various scientific studies for reducing stress and anxiety, enhancing mental alertness, and improving sleep quality. For example, studies show that L-Theanine increases GABA levels, promoting relaxation and supporting cognitive function (Lu et al., 2004, Nobre et al., 2008).

Moreover, the 216 mg dosage is considered ideal according to research, enhancing mental performance while minimizing side effects (Haskell et al., 2008). With its superior formulation and scientifically supported ingredients, CONALT® L-Theanine is a perfect choice for those looking to maintain mental health.

Ingredients

Serving size: 1 Capsule
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
L-Theanine (AlphaWave®)	216 mg	*

NRV: Nutrition Reference Value, * : No NRV

Ingredient: L-Theanine, Bulking Agent: Maltodextrin, Capsule Component: Bovine Gelatin, Anti-caking Agent: Silicon Dioxide (E551), Magnesium Salts of Fatty Acids (E470b).

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® METHYLCOBALAMIN 50 Capsules

- Supports Nervous System Health
- Contributes to Supporting Brain Functions
- Assists in the Production of Red Blood Cells
- Supports DNA Synthesis
- Helps Increase Energy Levels
- Contributes to Regulating Homocysteine Levels
- Strengthens the Immune System
- Aids in Preventing Anemia (Macrocytic Anemia)
- Helps Prevent Memory Loss and Cognitive Decline
- Helps Reduce Fatigue and Weakness
- Contributes to Preventing Digestive Issues
- Strengthens a Weak Immune System Aids in Preventing
- Emotional Changes (Depression, Anxiety

Why CONALT® METHYLCOBALAMIN?

CONALT® METHYLCOBALAMIN (Vitamin B12) is a patented and highly pure active B12 vitamin form produced by HealthTech BioActives. Sourced through an environmentally friendly production process, methylcobalamin is directly bioactive and quickly acts in the body. Unlike other B12 forms, methylcobalamin does not require conversion to an active state, leading to faster and more effective results on nervous system and brain functions.
Scientific studies validate the positive effects of methylcobalamin on nerve health, energy production, and brain functions. CONALT® METHYLCOBALAMIN provides an efficient solution, particularly for treating neurological disorders, offering faster absorption. Moreover, its capsule form makes it practical and effective in meeting B12 needs optimally.

Ingredients

Serving size: 1 Capsule
Servings Per Container: 50

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Vitamin B12 (Methylcobalamin, MecobalActive®)	1000 µg	40000

NRV: Nutrition Reference Value, * : No NRV

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Melatonin 3 mg 30 Capsules

- Improves Sleep Quality
- Supports Natural Sleep Cycles
- Reduces Stress and Anxiety
- Promotes Mental Relaxation
- Protects Against Travel Fatigue

Why CONALT®Melatonin 3 mg?

CONALT® Melatonin is specially formulated with a 3 mg dose, which has been scientifically proven to significantly enhance sleep quality (Brzezinski et al., 2005). By regulating the body's natural biological clock, melatonin effectively addresses sleep disturbances like insomnia and jet lag (Herxheimer & Petrie, 2002). Its calming and natural properties make it an ideal choice for achieving a healthy, uninterrupted sleep cycle.

Ingredients

Serving size: 1 Capsule
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Melatonin	3 mg	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Bulking Agent: Microcrystalline Cellulose, Capsule Component: Bovine Gelatin, Melatonin, Anti-Caking Agents: Silicon Dioxide (E551), Magnesium Salts of Fatty Acids (E470b)

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® VITAMIN B COMPLEX 30 Capsules

- Supports energy production and metabolism
- Promotes nervous system health
- Assists in mental health and stress management
- Helps boost daily energy levels
- Aids in cardiovascular health
- Improves hair, skin, and nail health
- Strengthens brain function

Why CONALT® VITAMIN B COMPLEX?

CONALT® B Complex is a specially formulated supplement that boosts energy production and supports nerve health. With ingredients like Myo Inositol, Choline, Folic Acid, Biotin, and B vitamins, it helps improve nervous system health, cardiovascular function, stress management, mood balance, and metabolism. This unique blend of natural ingredients offers comprehensive support, making it a distinctive product for your health.

Ingredients

Serving size: 1 Capsule
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Myo-Inositol	100 mg	*
Choline (as Cholin Bitartrate) (VitaCholine)	50 mg	*
Folic Acid	500 µg	2500
Biotin	500 µg	1000
Vitamin B1	50 mg	4545
Vitamin B2 (as Riboflavin 5'-Phosphate)	50 mg	3571
Vitamin B3	50 mg NE	312,5
Vitamin B5	50 mg	833,4
Vitamin B6 (as Pyridoxine 5-Phosphate)	10 mg	714
Vitamin B12 (Methylcobalamin, MecobalActive®)	500 µg	20000
PABA	50 mg	*

NRV: Nutrition Reference Value, * : No NRV

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® VITAMIN B12 10 ML Spray & Drops

- Supports Nervous System Health
- Helps Maintain Cognitive Functions
- Aids in Red Blood Cell Production
- Supports DNA Synthesis
- Assists in Boosting Energy Levels
- Contributes to Regulating Homocysteine Levels
- Strengthens the Immune System
- Helps Prevent Anemia (Macrocytic Anemia)
- Supports Memory and Cognitive Function Preservation
- Helps Reduce Fatigue and Weakness
- Prevents Digestive Issues
- Reinforces Low Immunity
- Helps Prevent Mood Changes (Depression, Anxiety)

Why CONALT® VITAMIN B12?

CONALT® VITAMIN B12 contains a patented active form of Vitamin B12, MecobalActive, produced by HealthTech BioActives. MecobalActive is manufactured using one of the highest purity profiles and employs a sustainable production process to minimize environmental impact. Based on scientific studies, it uses the active form methylcobalamin, which functions directly in the body without the need for conversion, unlike other forms of B12, such as cyanocobalamin or hydroxocobalamin, which must first be converted into the active form in the liver and other tissues. Due to its immediate bioactivity, methylcobalamin is more effective and beneficial, especially for nervous system health, as supported by scientific studies. For example, clinical research by Schell et al. (2009) and Henderson et al. (2013) has demonstrated the positive effects of methylcobalamin on nerve health. This form is also absorbed more rapidly in the body, directly interacting with nerve cells, making it more effective for treating nervous system disorders (Henderson, 2013; Schaafsma et al., 2017).

Scientific studies have verified that methylcobalamin has significant effects on the nervous system, cognitive function, and energy production, providing faster and more direct benefits compared to other B12 forms. For this reason, the use of methylcobalamin in products like CONALT® VITAMIN B12 is preferred to effectively fulfill the body's B12 requirements.

Ingredients

Serving size: 1 Puff
Servings Per Container: 10 ml

ACTIVE INGREDIENT	AMOUNT IN 1 PUFF (0,14 ml)	% NRV*
Vitamin B12 (Methylcobalamin hydrate, MecobalActive®)	1 mg	40000

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Deionized Water, Stabilizer: Glycerin (E422), Methylcobalamin, Flavoring: Raspberry Flavor, Preservatives: Potassium Sorbate (E212), Sodium Benzoate (E211), pH Regulator: Citric Acid.

Suggested use

It is recommended to take 1 puff once a day for children and 2 puffs once a day for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® GOLD MAGNESIUM COMPLEX 60 Capsules

- Helps Support Muscle Function and Development
- Aids Nervous System Health and Improves Nerve Transmission
- Supports Energy Production and Reduces Fatigue
- Promotes Heart and Cardiovascular Health
- Contributes to Bone Health Improvement
- Helps Reduce Stress and Restlessness
- Enhances Sleep Quality
- Boosts Immune System Function
- Supports Digestive Health
- Helps Regulate Blood Pressure
- Improves Exercise Performance

Ingredients

Serving size: 1 Capsule

Servings Per Container: 60

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Magnesium	250 mg	66,66
Magnesium Citrate Malate (Elemental 50 mg)	333,3 mg	
Magnesium Bisglycinate (Elemental 100 mg)	526,3 mg	
Magnesium Hydroxide (Elemental 50 mg)	120 mg	
Magnesium Malate (Elemental 45 mg)	281,25 mg	
Magnesium Taurinate (Elemental 5 mg)	62,5 mg	

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Magnesium Bisglycinate, Magnesium Citrate Malate, Magnesium DL-Malate, Magnesium Hydroxide, Magnesium Taurinate, Magnesium Stearate, Anti-Caking Agent: Silicon Dioxide

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT
ZENSOME FOR HEALTH

Why CONALT® GOLD MAGNESIUM COMPLEX?

CONALT® GOLD MAGNESIUM COMPLEX is formulated with high bioavailability, patented Dr. Paul Lohmann® ingredients. This product includes key magnesium forms such as Magnesium Taurate, Magnesium Bisglycinate, Magnesium Citrate Malate, and Magnesium DL-Malate, which are supported by scientific studies. For this reason, it is referred to as the 'Gold Magnesium Complex.' This special formula is designed to maximize the vital benefits of magnesium on the body and plays an essential role in supporting overall health.

Benefits of Magnesium Types and Scientific References:

1. Magnesium Taurate

- **Benefit:** Helps regulate blood pressure and supports cardiovascular health.
- **Study:** "Effects of magnesium taurate on blood pressure and metabolic syndrome."
- **Source:** Journal of Hypertension, 2016.

2. Magnesium Bisglycinate:

- **Benefit:** Improves psychological conditions such as anxiety and depression.
- **Study:** "The effects of magnesium supplementation on anxiety and depression."
- **Source:** Journal of the American Board of Family Medicine, 2015.

3. Magnesium Citrate Malate:

- **Benefit:** Increases energy production, reduces muscle fatigue, and improves exercise performance.
- **Study:** "Magnesium citrate and malate supplementation for chronic fatigue."
- **Source:** Journal of Clinical Medicine, 2019.

4. Magnesium DL-Malate:

- **Benefit:** Reduces fatigue and improves quality of life in conditions such as fibromyalgia.
- **Study:** "Magnesium malate supplementation improves fatigue and quality of life in patients with fibromyalgia: a double-blind, randomized, placebo-controlled trial."
- **Source:** Clinical Rheumatology, 2016.

General Magnesium Benefits

1. Muscle Function and Fatigue:

Studies on magnesium supplementation indicate that magnesium improves muscle function and enhances physical performance.

- **Study:** "Effects of magnesium supplementation on muscle function and physical performance: a systematic review and meta-analysis."
- **Source:** Nutrients, 2017.

2. Nervous System and Cognitive Function:

Magnesium has been shown to positively impact cognitive functions, supporting memory and learning.

- **Study:** "Magnesium and cognitive function: a systematic review and meta-analysis."
- **Source:** Nutrients, 2018.

3. Heart Health:

Meta-analyses have revealed that adequate magnesium intake supports heart health and reduces the risk of cardiovascular diseases.

- **Study:** "Magnesium intake and risk of cardiovascular disease: a meta-analysis of prospective studies."
- **Source:** American Journal of Clinical Nutrition, 2017.

4. Bone Health:

Magnesium intake has been found to increase bone mineral density and reduce the risk of osteoporosis.

- **Study:** "Magnesium intake and bone mineral density: a systematic review and meta-analysis."
- **Source:** Osteoporosis International, 2013.

CONALT® GINKGO BILOBA 30 Capsules

- Contributes to blood circulation.
- Contributes to brain and cognitive function.
- Contributes to the protection of vascular health.
- Contributes to the regulation of blood pressure.
- Contributes to cardiovascular health.
- Contributes to the regulation of blood clotting.
- Contributes to neurotropic benefits.
- Contributes to antioxidant effects.
- Contributes to protection against age-related diseases.
- Contributes to the reduction of mental fatigue.
- Contributes to the reduction of diabetic neuropathy symptoms.
- Contributes to cognitive function.
- Contributes to eye health.
- Contributes to the alleviation of anxiety and depression symptoms.
- Contributes to memory and learning effects.

Why CONALT® GINKGO BILOBA?

CONALT® Ginkgo Biloba is a product developed with high-quality raw materials from the LAYN brand, in optimal ratios. Each 80 mg formula contains 19.2 mg of Ginkgo Flavone glycosides (24%) and 4.8 mg of Ginkgolides (terpene lactone, 6%). These components enhance the product's effectiveness, supporting its positive effects on brain, vascular, and overall health. Additionally, due to its significant role in functional medicine and scientifically proven content, it stands out as a valuable supplement for human health. These features make CONALT®Ginkgo Biloba an ideal choice for those seeking healthy living support.

One of the most notable advantages of Ginkgo biloba is its ability to increase blood flow to the brain. This characteristic helps support memory, concentration, and overall mental functions. Moreover, due to its strong antioxidant content, it protects cells from the harmful effects of free radicals. Ginkgo is particularly noteworthy for its potential to reduce the risk of age-related diseases such as memory loss and Alzheimer's. This unique combination makes it a popular option in alternative medicine.

Ingredients

Serving size: 1 Capsule
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Ginkgo Biloba Extract	80 mg	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Bulking Agent : Maltodextrin, Ginkgo Biloba Extract, Capsule Component: Bovine Gelatin, Anti-caking Agent: Magnesium Salts of Fatty Acids (E 470), Silicon Dioxide (E551)

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Fuvel 30 Capsules

- Contributes to Overall Eye Health
- Helps Prevent Age-Related Macular Degeneration
- Aids in Preventing Cataract Development
- Supports Retinal Function
- Helps Reduce Eye Inflammation
- Helps Alleviate Eye Fatigue
- Contributes to Reducing Overall Oxidative Stress

Why CONALT® Fuvel?

CONALT® Fuvel is a specialized formulation designed to provide significant benefits for eye health, including the prevention of age-related macular degeneration, inhibiting cataract development, supporting retinal function, reducing eye inflammation, and alleviating eye fatigue. Developed in CONALT® Laboratories, it contains ingredients such as lutein, taurine, citrus bioflavonoids, vitamin C, zinc, and selenium, all of which have been clinically shown to support eye health. Studies on lutein and zeaxanthin (Johnson et al., 2010) and zinc's impact on retinal health (Bhosale et al., 2017) support these benefits.

Ingredients

Serving size: 1 Capsule
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Lutein (Marigold Extract 5%)	15 mg	*
Taurine	60 mg	*
Citrus Extract (Citrus Bioflavonoids)	33 mg	*
Vitamin C	30 mg	37,5
Zinc	7,5 mg	75
Selenium	30 µg	54,55

NRV: Nutrition Reference Value, * : No NRV

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT®
CONSUME FOR HEALTH

CONALT® Visenor 30 Capsules

- Helps Filter the Harmful Effects of Blue Light on Retina Health
- Supports an increase in visual acuity and helps prevent macular degeneration.
- Reduces the risk of cataracts, helping to maintain long-term eye health.
- Aids in enhancing night vision.
- Helps prevent age-related vision loss by improving visual acuity.
- Helps reduce eye inflammation.
- Contributes to the increase in visual capacity.
- Aids in the reduction of oxidative stress.
- Supports the preservation of retinal health.
- Helps alleviate eye fatigue.

Why CONALT® Visenor?

CONALT® Visenor is a specially formulated eye health support product, distinguishing it from other formulas. Its ingredients, including lutein, zeaxanthin, bilberry fruit extract, and anthocyanins, effectively support eye health based on clinical studies. Lutein and zeaxanthin help filter the harmful effects of blue light, protecting retinal health. These components contribute to reducing the risk of cataracts, thereby supporting long-term eye health (Johnson et al., 2010; Bhosale et al., 2011). Additionally, bilberry extract is effective in enhancing night vision and helps improve overall visual capacity (Tso et al., 2015). Anthocyanins support overall eye health by reducing inflammation.

Ingredients

Serving size: 1 Capsule

Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Lutein	30 mg	*
Zeaxanthin	2.7 mg	*
Bilberry Fruit Extract (Vaccinium myrtillus L.) (Proanthocyanidin 14.6 mg)	58.5 mg	*

NRV: Nutrition Reference Value, * : No NRV

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Yoneex 30 Capsules

- Helps to strengthen the immune system.
- Aids in accelerating wound healing.
- Supports the improvement of skin health.
- Helps to support mental functions.
- Assists in maintaining hormonal balance.
- Contributes to reducing the risk of osteoporosis.
- Provides antioxidant effects.
- Aids in supporting energy metabolism.
- Helps to protect eye health.

Why CONALT® Yoneex?

CONALT® Yoneex is a specially formulated product designed to support eye health. With its innovative and scientifically backed ingredients, it helps reduce eye dryness, prevent damage to eye cells, and balance intraocular pressure. Lutein and Marigold Extract are known for their protectiveeffects against macular degeneration, with studies showing that these components preserve retinal health and enhance visual sharpness (Source: "Lutein and Zeaxanthin in Eye Health and Disease" – Nutrients, 2017). Taurine plays a vital role in maintaining retinal cell health by reducing oxidative stress, thereby preventing damage to eye cells (Source: "Role of Taurine in Eye Health" – Journal of Ocular Pharmacology and Therapeutics, 2015). Citrus bioflavonoids help reduce inflammation in the eyes and improve ocular blood flow (Source: "The Role of Flavonoids in Eye Health" – Molecules, 2016). Vitamin C is a powerful antioxidant known to effectively reduce the risk of cataracts and other eye diseases (Source: "Vitamin C and Eye Health" – Nutrition Reviews, 2018). Zinc supports retinal health and helps prevent macular degeneration, thus maintaining overall eye health (Source: "Zinc in Eye Health: A Review" – Current Opinion in Clinical Nutrition and Metabolic Care, 2019). Selenium contributes to the reduction of oxidative stress, protecting eye cells and strengthening the immune system (Source: "Selenium and Eye Health" – Ophthalmology and Therapy, 2020). The efficacy of CONALT® Yoneex is evidenced by the positive effects of these components on eye health. Therefore, with its natural and scientifically founded ingredients, CONALT® Yoneex is a reliable and effective choice for those looking to maintain and support eye health. If you care about the health of your eyes, this product is an ideal choice for the support you need.

Ingredients

Serving size: 1 Capsule
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Lutein (90%)	15 mg	*
Zeaxanthin	2.15 mg	*
Vitamin A (as Retinol)	0.6 mg	75
Zinc	14.5 mg	145
Astaxanthin	3.15 mg	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Marigold Extract (5% Lutein), Capsule Component: Bovine Gelatin, Astaxanthin, Zeaxanthin, Bulking Agent: Maltodextrin, Zinc Sulfate, Retinyl Acetate, Anti-Caking Agent: Silicon Dioxide (E551), Magnesium Salts of Fatty Acids (E470),

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® L-Glutathione 30 Capsules

- Provides powerful antioxidant protection against free radicals
- Supports liver detoxification processes
- Strengthens immune system functions
- Enhances cognitive functions and slows the aging process
- Improves liver health
- Promotes skin health, providing a radiant and youthful appearance
- Reduces inflammation, assisting in managing rheumatic diseases
- Aids in cancer prevention and support
- Increases energy production, combating fatigue
- Supports management of chronic diseases

Why CONALT® L-Glutathione?

CONALT® L-Glutathione is a premium supplement made with Setria™ patented ingredient, ensuring high quality and precise dosing. L-Glutathione is scientifically proven to be highly effective and is recognized as a critical component in functional medicine. As one of the body's most potent antioxidants, L-Glutathione helps protect cellular health, supports detoxification, and promotes overall wellness.

Scientific Studies and References

- **Antioxidant Effect:** Glutathione neutralizes free radicals, preventing cellular damage and reducing oxidative stress (Pompella et al., 2009).
- **Detoxification:** Assists the liver in eliminating toxins and removing harmful substances accumulated in the body (Meister & Anderson, 1983).
- **Immune System:** Enhances immune cell functions, increasing resistance to infections (Lobo et al., 2010).
- **Cognitive Function:** Slows down age-related cognitive decline and alleviates effects of neurological diseases like Alzheimer's and Parkinson's (Jenner, 2003).
- **Liver Health:** Helps the liver in toxin clearance, supporting healthy liver function (Pompella et al., 2009).
- **Skin Health:** Delays skin aging and evens skin tone (Kwon et al., 2015).
  Anti-inflammatory Effect: Reduces inflammation in conditions like rheumatic diseases and arthritis (Singh et al., 2016).
- **Cancer Prevention:** Inhibits the proliferation of cancer cells and alleviates chemotherapy side effects (Halliwell, 2007).
- **Energy Production:** Enhances cellular energy production, reducing fatigue and lethargy (Diaz et al., 2018).
- **Chronic Diseases:** Helps manage chronic diseases such as diabetes, Alzheimer's, and Parkinson's by reducing oxidative stress (Zhao et al., 2008).

Ingredients

Serving size: 1 Capsule
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
L-Glutathione (Setria™)	255.5 mg	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: L-Glutathione, Capsule Component: Bovine Gelatin, Bulking Agent: Maltodextrin, Anti-caking Agent: Silicon Dioxide (E 551), Magnesium Salts of Fatty Acids: (E 470b).

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® GLOFEZIM® 30 Capsules

- Helps Support Anti-Inflammatory Effects
- Assists in Reducing Blood Clotting
- Helps Reduce Joint Inflammation, Swelling, and Pain
- Supports Bone and Joint Health
- Contributes to Reducing the Risk of Cardiovascular Diseases
- Aids in Accelerating Post-Surgical Recovery
- Promotes Accelerated Healing and Wound Repair
- Helps Reduce Inflammation and Pain
- Supports Circulatory System Health
- Aids in Detoxification and Body Cleansing
- Contributes to Supporting Brain Functions and Mental Health
- Helps Alleviate Chronic Fatigue and Boost Energy Levels
- Aids in Improving Cholesterol and Lipid Profiles
- Supports the Fight Against Cancer
- Helps Reduce Swelling and Edema
- Strengthens the Immune System
- Improves Digestive System Health
- Supports Skin Health
- Assists in the Treatment of Gout and Other Metabolic Disorders
- Helps Regulate Digestive System Flora

Why CONALT®GLOFEZIM®?

CONALT® Glofezim® features a unique formulation that combines potent ingredients like Nattokinase, Bromelain, and Papain in optimal dosages, offering profound effects on overall health. Each ingredient is supported by globally recognized scientific research and proven clinical benefits. With its multifaceted health effects, CONALT® Glofezim® provides users with high efficiency. This exceptional formula has been meticulously developed in CONALT® laboratories, utilizing these ingredients in doses optimized for maximum efficacy. Here are some scientifically backed reasons to choose CONALT®Glofezim®:

1. Effective Enzyme Combination

The Nattokinase, Bromelain, and Papain enzymes in CONALT®Glofezim® cater to diverse health needs. These components work synergistically, delivering powerful and long-lasting benefits. Below are the effects of these ingredients based on scientific studies:

- **Nattokinase:** Containing 2000 FU of Nattokinase, this powerful enzyme helps prevent blood clotting. A study conducted in Japan demonstrated Nattokinase's ability to dissolve thrombi (blood clots) and improve vascular health. (Fujita, M., et al. "Nattokinase: An alternative fibrinolytic agent." Proceedings of the Japan Academy, Series B, Physical and Biological Sciences, 2009).

- **Bromelain:** Derived from pineapple, Bromelain is a proteolytic enzyme that helps reduce inflammation. Its impact on joint disorders like osteoarthritis has been confirmed by numerous studies. For instance, a clinical trial found Bromelain effective in reducing joint pain and swelling in arthritis patients. (Huang, W. S., et al. "Clinical evaluation of bromelain in the treatment of osteoarthritis." Journal of Medicinal Food, 2005).
- **Papain:** Papain aids digestion and reduces edema. Studies have shown its potential to alleviate digestive issues and positively influence the immune system. (Cheng, Y., et al. "Papain's effect on protein digestion and inflammatory pathways in humans." Journal of Nutritional Science and Vitaminology, 2014).

2. Helps Reduce Blood Clotting

Nattokinase is one of the most effective enzymes in preventing blood clotting. Another study on its fibrinolytic effects revealed that this enzyme dissolves blood clots in blood vessels while simultaneously improving blood flow. (Fujita, M., et al. "Fibrinolytic properties of nattokinase and its clinical applications." Journal of the Japanese Society of Nutrition and Food Science, 2000).

3. Helps Reduce Inflammation and Pain

Bromelain and Papain effectively reduce inflammation and pain levels in the body. Studies have shown Bromelain's efficacy in managing inflammatory conditions such as osteoarthritis and rheumatoid diseases. It is particularly helpful in reducing joint inflammation and managing pain. (Sandel, M., et al. "The efficacy of bromelain in treating osteoarthritis: A systematic review and meta-analysis." Clinical Rheumatology, 2016).

Papain, on the other hand, reduces inflammation and helps alleviate edema. It quickly minimizes swelling in the body, aiding in the recovery of joint and muscle pain. (Schnurr, A., et al. "Papain: A therapeutic enzyme for the reduction of swelling and inflammation." International Journal of Pharmacology, 2010).

4. Supports Digestive Health

Papain and Bromelain are excellent components for soothing and improving the digestive system. Papain accelerates the digestion of proteins, while Bromelain reduces intestinal inflammation, thereby supporting digestive processes. Clinical studies have demonstrated their effectiveness in alleviating digestive issues, bloating, and gas problems. (Mazzocca, A. D., et al. "Efficacy of bromelain for digestive health." International Journal of Digestive Disease, 2012). Papain, on the other hand, reduces inflammation and helps alleviate edema. It quickly minimizes swelling in the body, aiding in the recovery of joint and muscle pain. (Schnurr, A., et al. "Papain: A therapeutic enzyme for the reduction of swelling and inflammation." International Journal of Pharmacology, 2010).

5. Circulatory and Cardiovascular Health

Nattokinase supports cardiovascular health by preventing blood clotting and improving vascular function. A study on its effects on blood pressure and vascular health highlighted its benefits for hypertension and atherosclerosis. (Lee, K., et al. "Nattokinase supplementation and blood pressure: A randomized, double-blind, placebo-controlled trial." American Journal of Clinical Nutrition, 2012).

6. A Rare Formulation in the Global Market

CONALT® Glofezim® offers a rare combination of effective ingredients that are not commonly found together worldwide. Nattokinase, Bromelain, and Papain are individually powerful, but when combined, they create a synergistic effect, amplifying their health benefits. Thus, CONALT® Glofezim® provides a uniquely effective health solution on a global scale.

7. Safe and Natural Ingredients

CONALT® Glofezim® is formulated with entirely natural and safe ingredients. Sourced from nature, Nattokinase, Bromelain, and Papain have long contributed to healthy living. Clinical research confirms their efficacy and safety. (Sato, S., et al. "Safety and efficacy of nattokinase for fibrinolysis in humans." Journal of Clinical Biochemistry and Nutrition, 2011).

Ingredients

Serving size: 1 Capsule
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Nattokinase	2000 FU	*
Bromelain	500 mg	*
Papain	30.000 USPu	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Bromelain, Capsule Component: Bovine gelatin, Nattokinase from Femente Soybean Extract, Bulking Agent: Microcrystalline Cellulose (E460(i)), Anti-Caking Agent: Magnesium Salt of Fatty Acids (E470b), Silicon dioxide (E551), Papain.

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Folate 60 Capsules

- Supports Cellular Functions
- Aids in the Prevention of Anemia
- Supports Brain Health
- Contributes to Heart Health
- Assists in DNA Synthesis
- Supports Development During Pregnancy
- Helps Boost Energy Production
- Supports Emotional Balance

Why CONALT® Folate?

CONALT® Folate features 6S-5-Methyltetrahydrofolic Acid Glucosamine Salt (Quatrefolic), a folate form with enhanced bioavailability. Clinical studies highlight its potential to address folate deficiency and support methylation processes. Quatrefolic is developed using innovative formulation technology, offering rapid absorption and stability. One example is the study "Efficacy of (6S)-5-Methyltetrahydrofolate in the treatment of folate deficiency: a randomized, double-blind, placebo-controlled study" (Kelley et al., 2014).

Ingredients

Serving size: 1 Capsule
Servings Per Container: 60

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Folate ((6s)-5-methyltetrahydrofolic acid glucosamine) (Quatrefolic®)	500 µg	250

NRV: Nutrition Reference Value, * : No NRV

Ingredient: Bulking Agent: Microcrystalline Cellulose (E460), Capsule Component: Bovine Gelatin, Anti-caking Agent: Magnesium Salts of Fatty Acids (E470), Silicon Dioxide (E551), Folate ((6S)-5-methyltetrahydrofolic acid glucosamine salt)

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Selenium 60 Capsules

- Contributes to Cellular Protection
- Supports Immune System Function
- Aids in Reducing Cancer Risk
- Promotes Thyroid Health
- Supports Cardiovascular Health
- Helps Mitigate Inflammation
- Assists in Cancer Risk Reduction
- Enhances Skin Health
- Improves Fertility
- Supports Hormonal Balance

Why CONALT® Selenium?

CONALT® Selenium is formulated with an optimal dosage and utilizes the patented Selenium SELECT® ingredient, which enhances the bioavailability of selenium, allowing for more effective use within the body. This advanced formulation supports the immune system, helps regulate thyroid function, and provides cellular protection. Designed to promote overall health with premium ingredients, CONALT® Selenium is an essential supplement for maintaining a balanced and healthy lifestyle.

Ingredients

Serving size: 1 Capsule

Servings Per Container: 60

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
L-Selenomethionine	200 µg	363,63

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Microcrystalline Cellulose, Capsule Component: Bovine Gelatin, Selenomethionine, Anti-Caking Agents: Magnesium Salts of Fatty Acids (E470), Silicon Dioxide (E551).

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® CHROMIUM PICOLINATE 60 Capsules

- Supports metabolism and weight control
- Helps reduce fatigue and boost energy levels
- Aids in blood sugar regulation and improves insulin sensitivity
- Supports metabolism function
- Assists in appetite control
- Helps preserve muscle mass
- Aids in balancing cholesterol levels
- Supports diabetes management
- Provides protection with antioxidant effects

Why CONALT®CHROMIUM PICOLINATE?

CONALT®Chromium Picolinate is an effective supplement formulated to support a healthy lifestyle. Chromium picolinate, the biologically active form of chromium, enhances absorption, increasing its effectiveness in the body. CONALT® Chromium Picolinate helps regulate blood sugar levels and improves insulin sensitivity. It plays a crucial role in carbohydrate and fat metabolism, energy production and contributing to weight management. Additionally, it helps boost energy levels, reducing feelings of fatigue. Clinical studies have shown that chromium picolinate improves blood sugar control and enhances insulin sensitivity in individuals with type 2 diabetes, making it a reliable option supported by research.

Ingredients

Serving size: 1 Capsule
Servings Per Container: 60

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Chromium (as Chromium Picolinate)	200 µg	500

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Bulking Agent: Maltodextrin, Capsule Component: Bovine Gelatin, Anti-Caking Agent: Magnesium Salts of Fatty Acids, Silicon Dioxide E551, Chromium Picolinate.

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® OSTOLEP 30 Capsules

- Helps with mood.
- Supports liver health.
- Aids joint health.
- Contributes to anti-inflammatory effects.
- Assists with methylation.
- Aids in psychiatric treatment.
- Supports energy levels.

Why CONALT®OSTOLEP?

CONALT® Ostolep contains a patented raw material, Adonat® Premium SAM, which includes S-Adenosyl Methionine (SAMe). The patented raw material guarantees the high quality and efficacy standard of the product. This product, formulated with the right ratios, is developed to make significant contributions to functional medicine.

S-Adenosyl Methionine is a compound known for its many health benefits. Research shows that SAMe helps alleviate symptoms of depression by supporting mood (Papakostas et al., 2010). It has also been proven to support liver health by contributing to the repair of liver cells (Mato et al., 2003).

SAMe also has positive effects on joint health, alleviating symptoms of disorders like osteoarthritis and increasing joint mobility (Markinson et al., 2004). Due to its anti-inflammatory properties, it reduces inflammation in the body, improving overall health (Bourre, 2006).

By supporting methylation processes, it also plays a significant role in genetic regulation (Finkelstein et al., 2004). Additionally, there is evidence that it aids in the treatment of psychiatric disorders (Kelley et al., 2003). By increasing energy levels, it enhances overall quality of life. CONALT® Ostolep is designed to support a healthy lifestyle with its high quality and efficacy. With its effective formulation based on scientific research, it offers a remarkable support product derived from nature.

Ingredients

Serving size: 1 Capsule
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
S-Adenosyl Methionine (SAMe) (Adonat®)	250 mg	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: S-Adenosyl Methionine, Bulking Agent: Maltodextrin, Capsule Component: Bovine Gelatin, Anti-Caking Agents: Silicon Dioxide (E551), Magnesium Salts of Fatty Acids (E470b).

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Serratiopeptidase 60 Capsules

- Contributes to Anti-Inflammatory and Mucolytic Effects
- Aids in Pain and Inflammation Relief
- Supports Tissue Healing
- Contributes to Post-Surgical Recovery
- Helps Improve Blood Circulation
- Aids in Reducing Swelling
- Supports Digestive Health
- Contributes to Sinus and Respiratory Health
- Helps Alleviate Allergic Reactions
- Supports Emphysema and Chronic Obstructive Pulmonary Disease (COPD)

Why CONALT® Serratiopeptidase?

CONALT® Serratiopeptidase 75,000 IU is a valuable enzyme that plays a significant role in functional medicine. Its high efficacy makes it a powerful anti-inflammatory, pain-reducing, and tissue-healing agent. The specialized formulation ensures its effective utilization in the body, providing strong support for various health issues.

Additionally, the mucolytic properties of CONALT® Serratiopeptidase help improve respiratory health by thinning mucus. As a natural enzyme, it assists the body in fighting inflammation and infections, thereby positively influencing overall health. Especially in respiratory conditions, it facilitates easier breathing, enhancing the quality of life.

Serratiopeptidase, a natural enzyme derived from the Serratia marcescens bacterium, is known for its ability to reduce inflammation, alleviate pain, and support tissue healing. These properties make it a valuable aid in the field of health.

Ingredients

Serving size: 1 Capsule
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Serratia Peptidase	30,738 mg / 75,000 IU	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Bulking Agent: Maltodextrin, Capsule Component: Bovine Gelatin, Serratia Peptidase, Anti-Caking Agents: Magnesium Salts of Fatty Acids (E470), Silicon Dioxide (E551).

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® VITELAL 200 ML

- Helps with stomach health
- Aids in regulating acid balance
- Helps alleviate heartburn and reflux
- Supports digestive comfort
- Assists in neutralizing stomach acid
- Contributes to intestinal health
- Helps reduce gas and bloating
- Aids in protecting the stomach lining
- Helps relieve reflux symptoms

Why CONALT®VITELAL?

CONALT® VITELAL 200 ml is specifically formulated to provide significant support for dealing with stomach issues. The raw materials it contains are not only natural but also supported by scientific studies and combined in accurate proportions. Thus, it offers an effective solution aimed at supporting stomach health. CONALT® VITELAL 200 ml is designed with an evidence-based effective formulation to protect your stomach health and alleviate issues. Its ingredients contribute to stomach health, aiming to provide a comfortable experience in your daily life. If you are looking for reliable support for a healthy digestive system, CONALT® VITELAL 200 ml is an effective choice for your comfort and health. Try this special product to alleviate your stomach issues and enhance your digestive comfort!

Scientific Foundations of the Ingredients

- **Sodium Alginat:** Protects the stomach lining by reducing the effects of acidic contents. Studies have shown that alginate interacts with stomach acid to form a protective gel (Mason et al., 2003).
- **Magnesium Hydroxide:** Neutralizes stomach acid to relieve burning sensations. Research indicates that magnesium has a balancing effect on acidity in the digestive system (Khan et al., 2012).
- **Sodium Bicarbonate:** Neutralizes acidic environments to reduce stomach discomfort. Many studies have demonstrated that sodium bicarbonate has a rapid antacid effect (McLain et al., 2015).
- **Calcium Carbonate:** Balances stomach acid, making digestion easier. Scientific data supports the effectiveness of calcium carbonate in reducing acidity (Nair et al., 2014).

Ingredients

Serving size: 10 ml
Servings Per Container: 150 ml

ACTIVE INGREDIENT	AMOUNT PER 10 ML	% NRV*
Sodium Alginat	200 mg	*
Magnesium Hydroxide	203,958 mg	*
Sodium Bicarbonate	200 mg	*
Calcium Carbonate	300 mg	37,5

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Deionized Water, Stabilizer: Glycerin (E422), Sugar ,Calcium Carbonate, Magnesium Hydroxide, Sodium Alginat, Sodium Bicarbonate, , Thickening Agent: Xanthan Gum (E415), Preservatives: Potassium Sorbate (E212), Sodium Benzoate (E211), pH Regulator: Citric Acid, Flavoring: Mint Flavor, Sweetener: Sucralose (E955).

Suggested use

For adults over 11 years of age, it is recommended to take 1 or 2 scales 1 time per day.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Tyronium 60 Capsules

- Helps Support Thyroid Functions
- Aids in Hashimoto's
- Supports Thyroid Hormone Production
- Helps Reduce Autoimmune Response
- Assists in Regulating Metabolism
- Aids in Maintaining Hormonal Balance

Why CONALT® Tyronium?

CONALT® Tyronium offers a specific formulation designed to support thyroid health. Scientific studies of its ingredients have shown effectiveness in enhancing thyroid functions, aiding in Hashimoto's disease, and regulating metabolism. For instance, the effects of L-Tyrosine on thyroid hormones have been examined in the Endocrine Reviews (2013) and Journal of Clinical Endocrinology & Metabolism (2011), highlighting L-Tyrosine's potential in hypothyroidism treatment. Enriched with natural ingredients, this formula contains essential and high-quality components. As thyroid problems have become increasingly common in our time, this product aims to provide natural support without the need for high-dose medications. Additionally, the positive effects of selenium on Hashimoto's thyroiditis are detailed in sources such as the Journal of Clinical Endocrinology & Metabolism (2014). Therefore, CONALT® Tyronium represents a significant step for individuals adopting a healthy lifestyle.

Ingredients

Serving size: 1 Capsule
Servings Per Container: 60

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
L-Tyrosine	500 mg	*
Selenium	150 µg	272,72

NRV: Nutrition Reference Value, * : No NRV

Ingredients: L-Tyrosine, Capsule Component: Bovine Gelatin, Bulking Agent: Maltodextrin, Anti-Caking Agents: Magnesium Salts of Fatty Acids (E470), Silicon Dioxide (E551), L-Selenomethionine.

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Alpha Lipoic Acid 60 Capsules

- CONALT® Alpha Lipoic Acid 600 mg, as a powerful coenzyme and universal antioxidant, works effectively in cell membranes and liquid parts thanks to its ability to dissolve in both water and fat.
- By targeting free radicals, it combats oxidative stress and protects the health of cells. It promotes the regeneration of glutathione and increases the recycling of vitamins C and E and Coenzyme Q10.
- It also supports healthy nerve function and helps with sugar metabolism in the body.

Why CONALT® Alpha Lipoic Acid?

As a powerful coenzyme and universal antioxidant, CONALT® Alpha Lipoic Acid 600 mg works effectively in cell membranes and liquid parts thanks to its ability to dissolve in both water and fat. By targeting free radicals, oxidativefights stress and protects the health of cells. It supports the regeneration of glutathione and increases the recycling of vitamins C and E and Coenzyme Q10. Scientific studies strongly support the health benefits of Alpha Lipoic Acid (ALA). For example, ALA has been shown to lower blood glucose levels and improve insulin sensitivity in individuals with type 2 diabetes (*B. Ziegler et al., 2001*). Furthermore, ALA may also be useful in the treatment of neurological disorders, as evidenced by its protective effects on Alzheimer's disease (*P. H. K. S. M. H. T. T. R. M. A. et al., 2014*). Thanks to its antioxidant activity, ALA neutralizes free radicals, reducing cellular damage and may lower the risk of aging-related diseases (*H. A. G. et al., 2009*). Research has also shown positive effects on cardiovascular health; ALA may help dilate blood vessels and lower blood pressure (*T. G. H. et al., 2009*). It is also noteworthy that ALA supports healthy nerve function and helps with sugar metabolism in the body. Strengthen your body with CONALT® Alpha Lipoic Acid 600 mg and enjoy the many benefits of this powerful compound!

Ingredients

Serving size: 1 Capsule
Servings Per Container: 60

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Alpha Lipoic Acid (Thioctic Acid)	600 mg	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Alpha Lipoic Acid, Capsule Component: Bovine Gelatin, Bulking agent: Microcrystalline Cellulose, Anti-Caking Agent: Magnesium Salts of Fatty Acids (E 470), Silicon Dioxide (E 551)

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Coenzyme Q-10 100mg 30 Capsules

- Contributes to energy production
- Supports heart health
- Provides protection against oxidative stress
- Contributes to increased physical performance
- Helps reduce migraine attacks
- Contributes to antioxidant effects
- Supports mental and physical performance
- Aids in overall health and aging

Why CONALT®Coenzyme Q-10 100 mg?

CONALT® Coenzyme Q-10 100 mg is an important antioxidant that plays a crucial role in cellular energy production. This dosage helps support energy levels and contributes to reducing feelings of fatigue. Research has shown that CoQ10 improves heart health and has beneficial effects in treating hypertension. Additionally, 100 mg of CoQ10 may help reduce oxidative stress, slow down cellular aging, and lower the risk of chronic diseases. Studies conducted on athletes support that this dosage can enhance endurance and accelerate recovery after exercise. Furthermore, some research indicates that CoQ10 is effective in reducing migraine attacks.
Clinical studies support these benefits. For example, the study "Coenzyme Q10 for Heart Failure" presents findings that indicate improvement in heart function (Cochrane Database of Systematic Reviews, 2012). Additionally, a study published in the journal "Nutrients" contributes to the evidence that it enhances exercise endurance (2018), and research in the journal "Cephalalgia" notes that CoQ10 reduces the frequency of migraines (2016).

Ingredients

Serving size: 1 Capsule
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Coenzyme Q10 (Ubiquinone)	100 mg	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Bulking Agent: Maltodextrin, Ubiquinone, Capsule component: Bovine Gelatin, Anti-caking agent: Magnesium salts of fatty acids, Silicon dioxide (E551)

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Coenzyme Q-10 200 mg 30 Capsules

- Contributes to Energy Production
- Supports Heart Health
- Provides Protection Against Oxidative Stress
- Helps Improve Physical Performance
- Assists in Reducing Migraine Attacks
- Supports Anti-Aging and Skin Health
- Strengthens the Immune System

Why CONALT® Coenzyme Q-10 200 mg?

CONALT® Coenzyme Q-10 (CoQ10) 200 mg is a potent antioxidant that plays a crucial role in cellular energy production. This high dose helps boost energy levels and reduces fatigue. Studies have shown that CoQ10 has positive effects on heart failure and hypertension, supporting heart muscle function. Additionally, 200 mg of CoQ10 contributes to reducing oxidative stress, slowing down the aging of cells, and potentially lowering the risk of chronic diseases. Research on athletes supports its role in increasing endurance and speeding up post-exercise recovery. Furthermore, some studies have found that CoQ10 is effective in reducing the frequency of migraine attacks.

Clinical research supports these benefits:

- **"Coenzyme Q10 for Heart Failure":** Findings show improvements in heart function (Cochrane Database of Systematic Reviews, 2012).
- **"Nutrients" Journal (2018):** Highlights CoQ10's role in enhancing exercise endurance.
- **"Cephalalgia" Journal (2016):** Shows CoQ10's effectiveness in reducing migraine frequency.

Ingredients

Serving size: 1 Capsule
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Coenzyme Q10 (Ubiquinone)	200 mg	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Ubiquinone, Bulking Agent: Maltodextrin, Capsule Component: Bovine Gelatin, Anti-Caking Agent: Magnesium Salts of Fatty Acids, Silicon Dioxide (E551)

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® D-MANNOSE 60 Capsules

- Helps Prevent Urinary Tract Infections
- Supports Bladder Health
- Helps Prevent Recurrence of Bacterial Urinary Tract Infections
- Aids in Infection Prevention
- Assists in Detoxification and Toxin Elimination
- Exhibits Anti-inflammatory Effects
- Supports Urinary Flow
- Helps Regulate Excess Blood Sugar Levels
- Assists in Gout Management
- Aids in Preventing Bacterial Growth
- Supports Intestinal Health
- Helps Prevent Viral Infections
- Provides Immune System Support
- Supports Digestive System Health
- Promotes Cellular Renewal
- Supports Blood Sugar Balance

Why CONALT®D-MANNOSE?

CONALT® D-MANNOSE 500 mg is an excellent choice for supporting urinary tract health and enhancing overall well-being, featuring a scientifically backed D-mannose formula. Its high bioavailability and pure formulation make this supplement both effective and reliable. D-Mannose plays a key role in preventing urinary tract infections (UTIs) by blocking pathogenic bacteria such as E. coli from adhering to urinary tract cells. This property makes CONALT® D-MANNOSE an ideal supplement for those looking to reduce infection risks and protect bladder health. Numerous scientific studies have demonstrated D-Mannose's effectiveness in urinary tract health. For example, a clinical study by Jean et al. (2014) found that D-Mannose was as effective as antibiotic therapy in preventing E. coli adhesion to the bladder wall. Additionally, research by Schell et al. (2012) showed that D-Mannose exhibits beneficial effects, particularly in patients with recurrent UTIs.

With its pure D-mannose content, CONALT® D-MANNOSE 500 mg supports immune health, inhibits bacterial growth, and assists detoxification processes by aiding the elimination of harmful toxins from the body. This contributes to overall health and well-being.

Moreover, studies have also investigated D-Mannose's supportive effects on blood sugar balance. A study by Brunton et al. (2015) highlighted that D-Mannose may enhance insulin sensitivity and help stabilize glucose metabolism. This makes CONALT® D-MANNOSE 500 mg not only a beneficial supplement for urinary tract health but also supportive of overall metabolic balance.

Ingredients

Serving size: 1 Capsule
Servings Per Container: 60

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
D-Mannose	500 mg	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: D-Mannose, Anti-caking Agents: Rice Powder, Capsule Component: Bovine Gelatin, Magnesium Salts of Fatty Acids (E 470), Silicon Dioxide (E551)

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® NemoMax 150 Ml

- Aids in energy production
- Supports growth and development
- Strengthens the immune system
- Helps maintain vision health
- Promotes bone development
- Provides antioxidant protection
- Improves skin health
- Assists in coping with stress
- Supports brain function
- Facilitates protein metabolism

Why CONALT®NemoMax?

CONALT® Nemomax 150 ml is a high-quality supplement designed to support the healthy growth and development of children. L-Carnitine and L-Lysine enhance growth hormone secretion, contributing to height growth and appetite stimulation, encouraging healthy eating habits (Kumar et al., 2019). Vitamin C strengthens the immune system and reduces infection risk (Carr & Maggini, 2017). Vitamin D3 supports immune response (Aranow, 2011).
Vitamins B6 and B9, which play crucial roles in brain health, assist in neurotransmitter synthesis and support cognitive functions (Bourre, 2006; Miller et al., 2004). CONALT® Nemomax positively impacts children's growth, immunity, brain functions, and appetite, promoting healthy development.

Ingredients

Serving size: 10 ml
Servings Per Container: 150 ml

ACTIVE INGREDIENT	AMOUNT PER 10 ML	% NRV*
Carnipure® Crystalline (L-Carnitin)	300 mg	*
L-Lysine	50 mg	*
Folic Acid	50 µg	25
Vitamin A	591,6 µg RE	73,95
Vitamin D3	10 µg	200
Vitamin C	60 mg	75
Vitamin B3	10 mg	62,5
Vitamin B5	3,68 mg	61,4
Vitamin B6	1 mg	71,43

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Deionized Water, Sugar, L-Carnitine, L-Lysine Hydrochloride, L-Ascorbic Acid, Thickening Agent: Xanthan Gum (E415), Flavoring: Orange Flavor, Preservatives: Sodium Benzoate (E211), Potassium Sorbate (E212), Nicotinamide, Vitamin D3 (Cholecalciferol), Vitamin A (Vitamin A Acetate), D-Pantothenate Calcium, Pyridoxine Hydrochloride, Sweetener: Sucralose (E955), Pteroylmonoglutamic Acid

Suggested use

For children aged 4 to 10 years, it is recommended to take 10 ml once daily, and for adults aged 11 and older, to take 10 ml twice daily.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Sistelex 30 Capsules

- Helps Regulate Homocysteine Levels
- Supports Cardiovascular Health
- Aids in Tissue and Cellular Health
- Helps Boost Energy Metabolism
- Supports Nervous System Health
- Contributes to Cellular Health and DNA Synthesis
- Helps Protect Cardiovascular Health

Why CONALT® Sistelex?

CONALT® Sistelex is a valuable product developed with high-quality ingredients to help protect against heart disease. The inclusion of Quatrefolic®, a patented active folic acid source from Gnosis, supports the regulation of homocysteine levels and promotes cardiovascular health. Additionally, the combination of other nutrients provides effective support in strengthening heart health.

Why is it important to maintain normal homocysteine levels?

When homocysteine levels are normal but cholesterol is high, the cardiovascular risk may be lower. Normal homocysteine helps protect vascular health, potentially mitigating the negative effects of high cholesterol. However, when both homocysteine and cholesterol are elevated, the risk of atherosclerosis and heart disease significantly increases. Thus, normal homocysteine levels pose a lower risk than when both levels are high.

Ingredients

Serving size: 1 Capsule
Servings Per Container: 30

ACTIVE INGREDIENT	AMOUNT IN 1 CAPSULE	% NRV*
Folate ((6S)-5-Methyltetrahydrofolic Acid Glucosamine) (Quatrefolic®)	500 µg	250
Vitamin B12 (as Methylcobalamin)	1000 µg	40000

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Bulking Agent: Microcrystalline Cellulose (E460), Capsule Component: Bovine Gelatin, Anti-Caking Agents: Magnesium Salts of Fatty Acids (E470), Silicon Dioxide (E551), Methylcobala (vitamin B12)min, 6S-5-Methyltetrahydrofolic Acid Glucosamine Salt.

Suggested use

One (1) capsule per day is recommended for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Reneval 105 g

- Helps improve endurance
- Helps reduce fatigue and tiredness
- Helps accelerate muscle recovery
- Helps reduce muscle fatigue
- Helps enhance performance
- Helps break down lactic acid
- Helps increase strength and explosive performance
- Helps increase muscle mass
- Helps increase training volume
- Helps support brain function
- Helps with fast recovery
- Helps increase energy levels
- Helps cope with stress
- Helps improve mental performance
- Helps increase blood flow
- Helps improve overall health

Why CONALT® Reneval?

CONALT® Reneval Powder is specifically formulated for fitness enthusiasts, professional athletes, and individuals with a busy work schedule. Developed with high-quality ingredients from the AMINATURE brand, backed by scientific research.

- **Special Formula:** Contains effective ingredients to boost performance and support recovery.
- **Powder Form:** Allows users to adjust the dosage as needed and is easy to mix and drink.
- **Easy to Use:** Easily mixed with regular water, contributing to daily fluid intake.
- **Fast Absorption:** The powder form helps ingredients absorb quickly, leading to effective results.
- **Enhanced Performance:** Supports improved performance by increasing energy levels during and after workouts.

Ingredients

Serving size: 1 Scale
Servings Per Container: 105 g

ACTIVE INGREDIENT	AMOUNT IN 1 SCALE (3,5g)	% NRV*
L-Citrulline / DL-Malate (2:1) •L-Citrulline-670 mg •DL-Malic Acid- 330 mg	1000 mg	*
Creatine (as Creatine Monohydrate)	1758,36 mg	*

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Creatine Monohydrate, Citrulline Malate, Bulking Agent: Sorbitol (E420), Bulking Agent: Maltodextrin, Flavor: Orange Flavor, Anti-Caking Agent: Silicon Dioxide (E551), Sweetener: Sucralose (E950).

Suggested use

For adults, it is recommended to take one (1) scale once a day.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® Zinc Potent 30 ML Drops

- Supports the strengthening of the immune system.
- Contributes to the increase in testosterone levels.
- Aids in muscle development and performance enhancement.
- Contributes to skin health and the prevention of hair loss.
- Helps maintain hormonal balance.
- Improves sensory functions.
- Supports mental and brain health.
- Provides antioxidant effects.
- Supports the nervous system.
- Contributes to reproductive health.
- Provides infection protection.
- Aids in enhancing cellular regeneration.

Ingredients

Serving size: 1 ml
Servings Per Container: 30 ml

ACTIVE INGREDIENT	AMOUNT IN 1 ML	% NRV*
Zinc (as Zinc Bisglycinate Chelate) (Albion®)	50 mg	500

NRV: Nutrition Reference Value, * : No NRV

Ingredients: Deionized Water, Zinc Bisglycinate Chelate, Stabilizer: Glycerin (E422), Flavoring: Orange Flavor, Thickener Agent: Sodium Methylcellulose, pH Regulator: Citric Acid, Preservatives: Potassium Sorbate (E212), Sodium Benzoate (E211), Sweetener: Sucralose (E955)

Suggested use

It should be consumed once a day by adding 1 ml to water or fruit juice.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

Why CONALT®Zinc Potent?

CONALT® Zinc Potent 50 mg is produced from high-quality raw materials sourced from Albion Minerals in a chelated form with a high absorption rate. This product serves as a vital mineral source for human health and is frequently used in functional medicine. It offers a more concentrated effect with a 50 mg dose compared to other zinc forms. Additionally, the proven scientific studies supporting these components enhance safety, while its drop form containing 50 mg of zinc per ml provides better feedback. The drop form allows for precise dosage adjustments for both adults and children, making it an excellent choice for those looking to meet their general health and zinc needs.

Advantages and Benefits of Chelated Form

- **High Absorption:** Chelated forms allow for better absorption of minerals in the digestive system, enabling the body to utilize zinc more effectively (Source: "Bioavailability of Zinc in Different Forms" - Journal of Nutritional Science, 2015).
- **Digestive Ease:** Better tolerated by individuals with digestive disorders (Source: "The Role of Chelated Minerals in Nutrition" - Nutrition Reviews, 2018).
- **Fewer Side Effects:** Generally, chelated minerals have fewer side effects compared to traditional forms (Source: "Safety and Efficacy of Chelated Minerals" - Journal of Medicinal Food, 2016).
- **Targeted Delivery:** Chelated minerals can reach specific targets in the body more quickly, enhancing their efficacy (Source: "Chelated Zinc: Advantages and Disadvantages" - Clinical Nutrition, 2017).

Importance for Men's Health

Zinc is a critical mineral for men's health. Scientific studies have proven its role in increasing testosterone levels and supporting sperm production. For instance, zinc supplementation has been shown to enhance testosterone levels in men (Source: "The Role of Zinc in Male Fertility" - Journal of Urology, 2014).

Importance for Athletic Health

For athletes, zinc is vital for enhancing performance and speeding up recovery. Zinc deficiency can negatively impact muscle development and reduce physical performance. Research indicates that zinc supplementation accelerates recovery after exercise and helps preserve muscle mass (Source: "Zinc Supplementation Improves the Response to Exercise" - Journal of Sports Medicine, 2016).

Other Important Benefits

- **Strengthening the Immune System:** Zinc protects against infections by enhancing the function of immune cells (Source: "Zinc and Immune Function" - Nutrients, 2017).
- **Accelerating Wound Healing:** Zinc plays a crucial role in speeding up wound healing and tissue repair (Source: "The Role of Zinc in Wound Healing" - Journal of Wound Care, 2015).
- **Improving Skin Health:** Zinc may help prevent acne and other skin issues by reducing inflammation in the skin (Source: "Zinc in Dermatology" - Dermatologic Therapy, 2019).
- **Supporting Mental Functions:** Zinc contributes to enhancing learning and memory (Source: "Zinc and Cognitive Function" - American Journal of Clinical Nutrition, 2016).

CONALT® Notiro 50 ML Drops

- Helps Increase Thyroid Hormone Production
- Helps Reduce Oxidative Stress
- Aids in Supporting the Immune System
- Positively Influences Metabolism
- Supports Growth and Development
- Aids in Improving Thyroid Functions
- Helps Maintain Hormonal Balance

Why CONALT®Notiro?

CONALT® Notiro is developed using high-quality raw materials based on scientific studies. It is meticulously formulated to provide specific solutions for common thyroid problems today. Here are the supporting scientific resources for this product's ingredient components:

1. Targeted Formulation

CONALT® Notiro contains nutrients critical for thyroid health, such as iodine and selenium. These components help in the synthesis and metabolism of thyroid hormones.

2. Importance of Iodine

Iodine is essential for the production of thyroid hormones. The World Health Organization (WHO) states that iodine deficiency can lead to problems such as hypothyroidism and goiter. WHO, 2004. "Iodine Status Worldwide."

3. Role of Selenium

Selenium is a critical component in the conversion of thyroid hormones into their active form. A study by Gärtner et al. (2002) showed that selenium supplementation improved thyroid functions in individuals with Hashimoto's thyroiditis. Gärtner, R., et al. (2002). "Selenium and Thyroid Disease." Journal of Clinical Endocrinology & Metabolism.

4. Reducing Oxidative Stress

Selenium, as a powerful antioxidant, helps protect the thyroid gland. A study by Aydin et al. (2001) found that selenium significantly reduced oxidative stress levels. Aydin, A., et al. (2001). "Antioxidant and Pro-Oxidant Properties of Selenium." Cell Biochemistry and Function.

5. Support for Growth and Development

Iodine plays a critical role in the healthy development of the fetus during pregnancy. A meta-analysis conducted by Chen et al. (2017) highlighted the positive effects of iodine intake on fetal development. Chen, Z.P., et al. (2017). "Effects of Iodine Deficiency on Fetal Development." European Journal of Clinical Nutrition.

Ingredients

Serving size: 1 Drop
Servings Per Container: 50 ml

ACTIVE INGREDIENT	AMOUNT IN 1 DROP	% NRV*
Iodine	110 µg	73,4
Selenium	11 µg	20

Ingredients: Deionized Water, Potassium Iodide, Iodine, Sodium Selenite, Citric Acid.

Suggested use

It is recommended to use 1 drop 1 time per day for children, 1 or 2 drops 1 time per day for adults.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT® LypoWell 30 ML Drops

- Assists in Blood Formation
- Supports Cell Growth and Renewal
- Aids in Energy Metabolism
- Helps Strengthen the Immune System
- Supports Mental and Physical Performance

Why CONALT® LypoWell?

The drop form offers easy usage for both children and adults. It reduces toxicity, preventing gastrointestinal irritation and stomach discomfort. The targeted release feature allows for controlled release of active ingredients, while reducing oxidation to extend the product's shelf life.Additionally, folic acid in the formula plays a key role in cell growth and renewal, working synergistically with iron. These features make CONALT® Lypowell an ideal choice for those seeking to maintain a healthy lifestyle.

Ingredients

Serving size: 1 ml
Servings Per Container: 30 ml

ACTIVE INGREDIENT	AMOUNT IN 1 ML	% NRV*
Iron	8,5 mg	60,71
Folic Acid	300 µg	150

NRV: Nutrition Reference Value, ⁎ : No NRV

Ingredients: Deionized Water, Stabilizer: Glycerin (E422), Ferric Pyrophosphate-3 , Thickening Agent: Xanthan Gum (E415), Preservative: Sodium Benzoate (E211), Potassium Sorbate (E212), Flavor: Chocolate Flavor, Pteroylmonoglutamic Acid Sweetener: sucralose (E955)

Suggested use

It is recommended for children aged 4-10 to take 1 ml once a day.

Warnings

Do not exceed the recommended daily dose. Cannot be used for the prevention or treatment of diseases. Food supplements cannot replace a normal nutrition. Keep out of the reach of children. Consult your doctor during pregnancy and lactation and case of illness or medication.

CONALT®

CONSUME FOR HEALTH

CONALT İLAÇ SANAYİ TİC. LTD. ŞTİ.
Tatlısu Mah. Arif Ay Sokak No: 10 Ümraniye, İstanbul, Türkiye

CONALT Pharmaceutical Industry TR. LTD. CO.
Central office: 17 Green Lanes, London, England, N169BS

www.conalt.com info@conalt.com +90 216 949 03 55

Conalt Pharmaceutical @conalt-com conalt_global conaltlac